



MISSISSIPPI STATE DEPARTMENT OF HEALTH

## Guidelines for Water Use in Daycares

- Before using tap water for drinking, water fountains, or cooking, run the tap on cold for one to two minutes.
- Never use hot water for drinking or cooking.
- Children 5 years of age or younger should use filtered (NSF53 certified filter) water if available. If filtered water is not available, they should drink bottled water.
- If you have employees who are pregnant, they should use filtered (NSF53 certified filter) water if available. If filtered water is not available, they should drink bottled water.
- If you are not sure whether the filter you are using is NSF53 certified, go to <http://info.nsf.org/Certified/DWTU> and enter the appropriate information.
- You should ensure that any points where employees or children have access to public drinking water are flushed before first consumption each day.
- If you are still concerned about lead levels, contact the Mississippi State Department of Health's Public Health Laboratory to order a lead sampling kit at 601.576.7582. The cost is \$20 for Jackson customers.

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