

Mississippi Task Force on Heart Disease and Stroke Prevention

Mississippi State Department of Health

Osborne Building

Conference Room, O-203

Friday, June 15, 2012

Minutes

Attendees: Clay Hays, Augusta Bilbro, LaTonya Lott, Patricia Freeman, Vincent Mendy, Carisa Nixon, Anthony Fox, Tonitrice Wicks, Jason Brown, Pam Hargett, Deniece Ponder, Evelyn Walker, Wendy Barrileaux, Cris Brown, Norman Miller, Katherine Bryant, Earl Coleman, Vanessa Short, Myrna Alexander, Estelle Watts, Vickie Tucker, Chad Rhoden

Million Hearts in Mississippi

LaTonya Lott, Epidemiologist for the Heart Disease and Stroke Prevention Program (HDSPP) gave a brief update on project projections for 2017. By empowering Mississippians to make healthy choices and improving care, Million Hearts strives to achieve specific goals (Indicators): aspirin use for people at high risk, blood pressure control, effective treatment of high cholesterol, smoking prevalence, sodium intake and artificial trans-fat consumption which are mainly collected through the Behavioral Risk Factor Surveillance System (BRFSS). For Mississippi, smoking prevalence data is collected each year. Beginning 2012 year data collection, BRFSS will utilize modules to assess the prevalence of aspirin use and sodium intake of Mississippians. Traditionally, BRFSS data has been collected on hypertension and cholesterol awareness and will continue to be collected. However, specific BRFSS modules on controlling hypertension, effective treatment of high cholesterol, and artificial trans-fat consumption has not been collected. This produces a conundrum to providing baseline data on the aforementioned indicators because of lack of data for these indicators.

Mississippi Hypertension Specialist Initiative

Augusta Bilbro, HDSPP Director provided an update on the Mississippi Hypertension Specialist Initiative (MHSI). The MHSI is a pilot project that has shown significant results. Currently there are 27 hypertension specialists in MS. With the implementation of phase one of the MHSI 33 physicians signed up to take the review sessions. Twenty-seven physicians attended. Eleven submitted their application to take the qualifying hypertension specialist exam. Currently the HDSPP is waiting for results from American Society of Hypertension (ASH) for the physicians who passed the exam. The Centers for Disease Control and Prevention (CDC) has given the HDSPP approval to offer more Mississippi physicians the opportunity to become hypertension specialist in 2013. Meanwhile, the HDSPP also submitted an abstract entitled "Description of the Mississippi Hypertension Specialist Initiative" to the American Public Health Association (APHA) for the upcoming conference in October 2012.

Congregational Health Nurse Program

Vincent Mendy, Epidemiologist with the Mississippi Delta Health Collaborative presented on the Delta Alliance for Congregation Health (DACH) Quarterly Screenings. DACH is a consortium of churches in the Mississippi Delta that recognize the obligation and opportunity the church has to minister not only to

one's spiritual health, but their physical health, as well. The presentation focused on the heart disease death rates in the delta, compared to the rest of the state. The information collected signified the participant's church, race/ethnicity, demographic information, baseline characteristics and heart disease and stroke prevention risk factors.

Learning and Action Network

Carisa Nixon, Clinical Prevention Specialist with Information and Quality Healthcare (IQH) gave an update on how Learning and Action Network (LAN) is working with providers. Currently, LAN convenes to help providers increase rates of preventive screenings, reduce cardiac risk factors, support better clinical outcomes and connect EHRs to quality improvement. LAN also meets monthly to provide information about best practice, new resources; educational webinars that may be beneficial to providers and identify high performing practices to share their success story.

Mississippi Stroke Coordinators Network

Wendy Barrileaux, St. Dominic Hospital's stroke coordinator, provided information to the task force about the Mississippi Stroke Coordinators Network. Currently, MS has six primary stroke care centers; Gulfport, MS, Hattiesburg, MS, Tupelo, MS and three in central MS. The Mississippi Stroke Coordinators Network was established about a year ago and they meet monthly. The main goals of the stroke coordinator network are: community education, stroke education for healthcare professionals, and to mentor hospitals around the state. The Mississippi Stroke Coordinators Network has a new initiative entitled "Speak Up". The initiative strongly encourages patients to speak up if they feel they are having stroke symptoms.

Sodium Reduction

Dr. Chad Rhoden, M.D. presented on sodium reduction. The presentation focused on sodium consumption, effects of excess sodium, sources of sodium, recommended daily intake, ways sodium effects blood pressure and sodium reducing tips. The presentation also provided task force members with knowledge in order to start conversation about policy and environmental changes around sodium reduction in Mississippi. The Mississippi State Department of Health and Mississippi Taskforce on Heart Disease and Stroke Prevention partnered with the National Salt Reduction Initiative (NSRI) to address the importance of reducing sodium in restaurant foods and packaged foods.

Announcements

Preventive Health Summit
Hilton Hotel and Convention Center
February 9, 2012

Next Meeting:
September 21, 2012