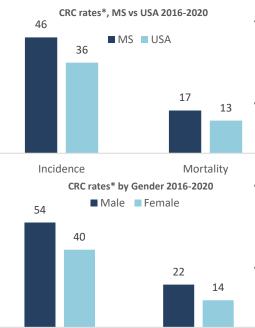
# Colorectal Cancer in Mississippi 2016-2020

### **New Cases and Deaths:**

- MS reported highest Colorectal Cancer (CRC) mortality in the United States with age adjusted rate of 17.6 per 100,000 US standard population.<sup>2</sup>
- In 2020, there were more than 1435 new colorectal cancer cases in Mississippi.  $^3$
- In 2020, more than 630 people died of colorectal cancer in Mississippi.<sup>3</sup>
- In 2022, over one-third of Mississippi's adult population (>45yrs) were not screened for CRC.<sup>4</sup>



## **Incidence and Mortality Rates**<sup>4</sup>:

- For every 100,000 people, 46 new cases of Colorectal Cancer were reported (US:36) and 17 (US: 13) died between 2016 and 2020.
   Mississippi's death (mortality) and new cases (incidence) rates due to Colorectal Cancer are the highest in the United States
- From 2016- 2020, For every 100,000 White males, 50 new cases of Colorectal Cancer were reported, (US:41) and 20 died due to Colorectal Cancer from 2015-2019 (US: 15) making MS White Males 2<sup>nd</sup> in the nation.
- From 2016- 2020, for every 100,000 Black Males, 66 new cases of Colorectal Cancer were reported, (US: 49) and 28 died due to Colorectal Cancer from 2015- 2019 (US: 22) making MS Black Males 2<sup>nd</sup> in the nation.
- From 2016- 2020, for every 100,000 White Females 37 new cases of Colorectal Cancer were reported, (US: 32) and 12 died due to Colorectal Cancer from 2015-2019 (US: 11).

# CRC rates\* by Race 2016-2020 White Black 54 43 Incidence Mortality

Mortality

### **Risk Factors**

- •Inflammatory Bowel Disease such as Crohn's disease or ulcerative colitis.
- •Family history of colorectal polyps or cancer and genetic factors.
- •Lack of physical activity.
- •Low intake of fruits and vegetables.
- •Processed meats and low fiber diet.
- Obesity and overweight.
- •Alcohol consumption.
- Tobacco use.

# **Screening**:(Beginning at age 45)

- Stool Tests
- Sigmoidoscopy
- Colonoscopy

# **Symptoms:**

- •A change in bowel habits.
- •Blood in or on your stool, weight loss.
- •Diarrhea, constipation, or feeling that bowel does not empty all the way.
  - •Abdominal pain, aches, cramps that don't go away.

For additional information about Colorectal Cancer, call the MSDH Comprehensive Cancer Control Program (MCCCP) at 601 206 1559, or visit www.HealthyMS.com

### Data Source:

Incidence

- 1. <a href="https://www.cdc.gov/cancer/colorectal">https://www.cdc.gov/cancer/colorectal</a>
- 2. <a href="https://statecancerprofiles.cancer.gov">https://statecancerprofiles.cancer.gov</a>
- 3. <u>Cancer-Rates.info | Mississippi</u>
- 4. MS BRFSS 2020 data



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