

# KNOW YOUR RISK! GET SCREENED

## Prostate Cancer Awareness

### Risk factors

- African American men are at higher risk for prostate cancer and they have twice the death rate from the disease compared to other races
- Having more than one relative who has had prostate cancer also increases your risk

### Symptoms

If you have any of the following symptoms, be sure to see your doctor right away:

- Difficulty starting urination
- Weak or interrupted flow of urine
- Frequent urination, especially at night
- Difficulty emptying the bladder completely
- Pain or burning during urination
- Blood in the urine or semen
- Pain in the back, hips or pelvis that doesn't go away
- Painful ejaculation

### Screening recommendations

- Men who are 55-69 years old should talk to their doctor about being screened for prostate cancer with a prostate specific antigen (PSA) test
- Men should talk to their doctor about the benefits and harms of screening for prostate cancer, including the benefits and harms of other tests and treatment
- Men who are 70 years old and older should not be screened for prostate cancer routinely

For more information, contact the Mississippi Comprehensive Cancer Control Program at 601-206-1559.



MISSISSIPPI STATE DEPARTMENT OF HEALTH