

# Pedestrian and Bicycle Safety Instruction

## Safe Routes STARS - Students Taking Active Routes Safely

**WHO:** Safe Routes STARS - the Mississippi State Department of Health's pedestrian and bicycle safety outreach team

**WHAT:** The Safe Routes STARS provide pedestrian and bicycle safety instruction to students, parents, schools, and community members across Mississippi to promote *safe* walking and biking as a fun, healthy way to travel to school.

**WHY:** Safe Routes STARS provide practical, skills-based traffic safety training to reduce the number of fatalities and serious injuries from car-bike and car-pedestrian crashes, and to increase the number of trips taken to school by foot and by bike.

**HOW:** The Safe Routes STARS give engaging in-class and outdoor workshops primarily at public and private schools throughout the Mississippi, and partner with organizations to provide schools with the tools necessary for a comprehensive Safe Routes to School program. In addition to classroom programming, the STARS can present to parents, teachers and community organizations throughout Mississippi on walking and biking safely.

This free program includes:

- a) Classroom instruction - 45-minute presentations on pedestrian and bicycle safety education per classroom:
  - o Pedestrian safety education instruction for 2<sup>nd</sup> graders
  - o Bicycle safety education instruction for 5<sup>th</sup> graders
- b) Follow-up hands-on skills training with on-foot street crossing lessons and on-bike safety skills lessons
- c) School and community-based outreach events to encourage parent participation in safe, active transportation.

**WHEN:** The Safe Routes STARS provide instruction and promote safety throughout the year.

To request the Safe Routes STARS visit your school, go to [www.healthyms.com/saferoutes](http://www.healthyms.com/saferoutes). Questions? Contact Babatunde Fahm at 601-576-7781 or [babatunde.fahm@healthyms.com](mailto:babatunde.fahm@healthyms.com).



# Safe Routes STARS Event Request Form

This form should be completed and submitted to the Mississippi State Department of Health.  
Safe Routes to School Program  
570 E. Woodrow Wilson, PO Box 1700  
Jackson, MS 39215-1700

Event Contact (name and title): \_\_\_\_\_

Preferred Date of Event: \_\_\_\_\_ Event School: \_\_\_\_\_

Event Location (name of organization and address): \_\_\_\_\_

\_\_\_\_\_

## Audience:

Attendee description (2<sup>nd</sup> grade and/or 5<sup>th</sup> grade): \_\_\_\_\_

Number of attendees (per grade): \_\_\_\_\_

## Activities (mark all that apply):

- Safe Routes to School STARS presentation
- Distribution of promotional items
- Pedestrian safety education
- Bicycle safety education
- Follow-up pedestrian safety education
- Follow-up bicycle safety education

Additional Comments: \_\_\_\_\_

\_\_\_\_\_

## For Office Use:

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Date Received: \_\_\_\_\_ STARS Leader Signature: \_\_\_\_\_

Team District: \_\_\_\_\_