

# Mississippi WIC Program

## Your rights as a participant are:



- To be treated with respect.
- To not be discriminated against for any reason: race, color, national origin, age, sex, or disability.
- To make a complaint if treated unfairly.
- To appeal any decision made regarding eligibility.
- To be given a fair hearing if requested.
- To learn about other health and medical services.
- To be given the opportunity to register to vote if of voting age.
- To transfer to another WIC clinic.
- To transfer to another state (VOC).
- To receive health/nutrition education.
- To receive a supplemental food package designed to meet your or your child's nutritional needs.

## Your responsibilities as a participant are:

- To pick up your food package each month.
- To participate in only one WIC program at a time.
- To transfer to a new WIC clinic when you move, if necessary.
- To keep WIC appointments and be on time for them.
- To contact your local WIC clinic to reschedule appointments if you are unable to attend an appointment.
- To provide the WIC clinic with accurate income, medical, and nutritional information.
- To use WIC foods only for the person signed up on the program.
- To be courteous to clinic and food center staff.
- To keep up with your WIC checks and understand that they cannot be replaced if they are lost or stolen.



MISSISSIPPI STATE DEPARTMENT OF HEALTH

