



MISSISSIPPI STATE DEPARTMENT OF HEALTH

Guidance for Individuals with Coronavirus Disease 2019 (COVID-19) Exposure

The Mississippi State Department of Health (MSDH) recommends the following after exposure to a COVID-19 infected person:

Any exposed individual who develops symptoms should be tested and stay home.

If you have been exposed to someone with COVID-19 you should:

- ❖ Wear a mask around others for 10 days.
- ❖ Test on day 5, if possible. *(If you have tested positive for COVID-19 in the past 90 days, antigen tests are preferred to PCR tests for this screening.)*
- ❖ If you develop symptoms get a test and stay home.

Additional considerations:

- ❖ Please let your provider know you have been exposed if you do go in for testing.
- ❖ If you live in a household with a person who is a confirmed case of COVID-19, your last exposure is when is when you last had contact less than 6 feet for 15 minutes or more.

Additional CDC Guidance on Isolation and Quarantine can be found at
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
Thank you for your consideration

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