



Winston

POPULATION CHARACTERISTICS	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		18,116	2,981,835
Population 60 years or older as % of total population		28.0%	22.3%
Total population 60 years or older		5,075	663,581
Population 65 years or older as % of total population		20.4%	15.9%
Total population 65 years or older		3,689	474,270
% 65-74 years		57.0%	59.7%
% 75-84 years		30.7%	29.4%
% 85 years or older		12.3%	10.1%
% 65+ population who are female		56.8%	56.5%
% 85+ population who are female		46.6%	67.4%
Race and ethnicity of the population 65+			
% White		65.4%	70.9%
% African American	*	33.5%	26.9%
% Other race(s)		1.1%	2.2%
% Hispanic/Latino		1.6%	1.0%
Marital status of the population 65+			
% married		47.9%	53.1%
% divorced/separated		11.1%	14.5%
% widowed	*	34.7%	27.1%
% never married		6.3%	5.3%
Education of the population 65+			
% with less than high school education		21.9%	20.1%
% with high school or some college		55.9%	58.7%
% with college degree		15.5%	11.8%
% with graduate or professional degree		6.7%	9.4%
% of 65+ population who speak only English at home		98.9%	97.8%
% of 65+ population who are veterans of military service		16.0%	15.8%
Life expectancy at birth		74.3	74.6

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COVID-19			
Total COVID-19 cases since March 2020		5,224	797,161
COVID-19 mortality rate per 100,000 people		574.1	417.1
% of county received at least one vaccine dose		52.0%	53.7%
% of county fully vaccinated		48.0%	48.9%
WELLNESS			
% 60+ getting the recommended hours of sleep		60.9%	59.9%
% 60+ doing any physical activity within last month		62.0%	61.3%
% 60+ met CDC guidelines for muscle-strengthening activity		16.6%	19.0%
% 60+ met CDC guidelines for aerobic physical activity		38.5%	39.8%
% 60+ with fair or poor health status		34.5%	32.5%
% 60+ with 15+ physically unhealthy days in last month		18.4%	18.7%
FALLS			
% 60+ who fell within last year		31.8%	27.8%
% 60+ who were injured in a fall within last year		9.3%	10.6%
PREVENTION			
% 60+ with physical exam/check-up in last year		92.0%	89.0%
% 60+ had flu shot in last year		56.8%	57.6%
% 60+ had pneumonia vaccine		58.9%	58.9%
% 60+ had shingles vaccine		28.3%	24.4%
% 60+ women with a mammogram within last 2 years		64.6%	71.0%
% 60+ with colorectal cancer screening		51.2%	57.1%
% 60+ with HIV test		19.1%	20.8%
% 60+ met CDC preventive health screening goals		23.0%	26.2%
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		14.1%	12.9%
% 65+ with arthritis		38.0%	39.8%
% 65+ with asthma		4.3%	3.7%
% 65+ with atrial fibrillation		N/A	8.9%
% 65+ with cancer (breast, colorectal, lung, prostate)		7.7%	8.8%
% 65+ with chronic kidney disease		24.3%	25.3%
% 65+ with chronic obstructive pulmonary disease (COPD)		9.8%	12.6%
% 65+ with diabetes		32.6%	30.7%
% 65+ with high cholesterol		44.9%	48.9%
% 65+ with heart failure		14.6%	16.1%
% 65+ with hypertension		69.7%	67.9%
% 65+ with ischemic heart disease		26.9%	31.9%
% 65+ with osteoporosis		N/A	6.4%
% 65+ with stroke		5.8%	4.4%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
NUTRITION & DIET			
% 60+ with 5 or more servings of fruits or vegetables per day		10.1%	11.1%
% 60+ self-reported obese		36.3%	36.0%
% 60+ with cholesterol screening		96.3%	94.7%
ORAL HEALTH			
% 60+ with annual dental exam		49.5%	56.3%
# of dentists per 100,000 persons (all ages)		16.8	42.1
% 60+ with loss of 6 or more teeth		44.8%	45.8%
BEHAVIORAL HEALTH			
# of drug overdose deaths (all ages)		0	2,137
% 60+ current smokers		12.6%	13.1%
% 65+ with alcohol abuse disorder		1.1%	1.3%
% 65+ with drug abuse/substance abuse disorder		2.8%	2.6%
MENTAL HEALTH			
% 60+ with 15+ days poor mental health in last month		8.3%	9.8%
% 65+ with depression		12.6%	16.4%
% 65+ with schizophrenia & other psychotic disorder		2.1%	2.2%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty	*	23.6%	15.5%
% 65+ with self-reported vision difficulty		14.8%	8.7%
% 65+ with self-reported cognition difficulty	*	17.9%	11.2%
% 65+ with self-reported ambulatory difficulty		32.2%	28.0%
% 65+ with self-reported self-care difficulty		11.2%	10.2%
% 65+ with self-reported independent living difficulty		23.9%	17.3%
CAREGIVING			
% of grandparents raising grandchildren		2.2%	2.4%
% of grandparents who live with grandchildren	*	2.7%	4.7%
ACCESS TO CARE			
% 60+ with a regular doctor		92.8%	92.0%
% 60+ who did not see a doctor when needed due to cost		7.3%	8.6%
# of primary care providers in county		1	3,571
# of rural health care centers in county		1	191
# of hospitals in county		1	101
# of home health agencies in county		0	45
# of nursing homes in county		2	204
# of community health centers in county		0	20
# of adult day health centers in county		0	8
# of hospice agencies in county		0	94

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COMMUNITY			
Particulate matter PM2.5		N/A	9.1
Ozone		N/A	0.361
Air pollution: annual # of unhealthy days for 65+		N/A	N/A
Age-friendly efforts in county		Not yet	Not yet
# of senior centers in county		0	115
% households that have smartphone (all ages)	*	21.8%	15.3%
% households without computer (all ages)	*	20.5%	13.5%
% households with access to Broadband (all ages)	*	66.3%	75.8%
% households without access to Internet (all ages)	*	33.6%	23.9%
Voter participation rate in 2020 presidential election (age 18+)		72.1%	61.2%
SAFETY & CRIME			
Homicide rate/100,000 persons		14.4	14.1
# firearm fatalities (all ages)		16	3,428
# 60+ deaths by suicide		0	562
TRANSPORTATION			
% 65+ who own a motor vehicle		91.9%	91.5%
% 60+ who always drive or ride wearing a seatbelt		87.2%	89.6%
# of fatal crashes involving adult age 60+		9	780
HOUSING			
% 65+ population who live alone		28.9%	28.1%
Average household size (all ages)		2.5	2.6
Median house value	*	\$96,700	\$125,500
% 60+ who own home		83.7%	82.7%
% 60+ homeowners who have mortgage		25.2%	32.1%
% 65+ households(renter) who spend >35% of income on housing		29.3%	33.5%
% 65+ households(owner) who spend >35% of income on housing		14.3%	15.2%
ECONOMIC			
% 60+ receiving food benefits in last year		15.0%	11.4%
% 65+ employed in last year		16.9%	15.6%
% 65+ with income below the poverty line in last year		15.8%	12.8%
65+ median household income		\$31,703	\$36,653
% 65+ households with annual income < \$20,000		27.9%	27.4%
% 65+ households with annual income \$20,000-\$49,999		44.0%	35.5%
% 65+ households with annual income \$50,000-\$99,999		19.9%	24.6%
% 65+ households with annual income \$100,000+		8.2%	12.5%

HEALTHY AGING INDICATORS	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
Elder Index: COST OF LIVING			
Single, homeowner without mortgage, good health	1.04	\$21,648	\$20,760
Single, renter, good health	0.98	\$23,496	\$23,892
Couple, homeowner without mortgage, good health	1.05	\$34,968	\$33,264
Couple, renter, good health	1.01	\$36,816	\$36,396

TECHNICAL NOTES

*See our technical report for more information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms "Better" and "Worse" to highlight differences between county and state estimates that we are confident are not due to chance. "Better" is used where a higher/lower value has positive implications for the health of older residents. "Worse" is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an *. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.

Data Sources:

- Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).
- COVID-19: Mississippi State Department of Health (MSDH; 2022).
- Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2013-2020), & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).
- Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).
- Nutrition/Diet, Oral Health: BRFSS (2013-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).
- Behavioral Health, Mental Health: BRFSS (2013-2020), CMS (2018), & MSDH (2022).
- Living with Disability: ACS (2016-2020).
- Caregiving: ACS (2016-2020).
- Access to Care: BRFSS (2013-2020), CMS (2018), National Adult Day Service Association (June 2022), Community Health Center (Association of Mississippi; June 2022).
- Community: Environmental Protection Agency (EPA, 2020), BRFSS (2013-2020), ACS (2016-2020), AARP, & State of Mississippi (May 2022).
- Safety & Crime: CDC WONDER (2016-2020).
- Transportation: BRFSS (2013-2020), ACS (2016-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).
- Housing & Economic: ACS (2016-2020).
- Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).

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