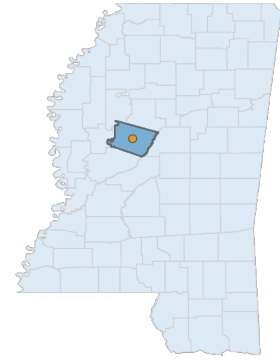


# Holmes



POPULATION CHARACTERISTICS	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		17,414	2,981,835
Population 60 years or older as % of total population		21.8%	22.3%
Total population 60 years or older		3,794	663,581
Population 65 years or older as % of total population		15.2%	15.9%
Total population 65 years or older		2,641	474,270
% 65-74 years		57.2%	59.7%
% 75-84 years		30.9%	29.4%
% 85 years or older		11.9%	10.1%
% 65+ population who are female		58.0%	56.5%
% 85+ population who are female		64.4%	67.4%
Race and ethnicity of the population 65+			
% White	*	27.3%	70.9%
% African American	*	72.4%	26.9%
% Other race(s)		0.3%	2.2%
% Hispanic/Latino		0.6%	1.0%
Marital status of the population 65+			
% married	*	44.1%	53.1%
% divorced/separated		12.4%	14.5%
% widowed		29.3%	27.1%
% never married	*	14.2%	5.3%
Education of the population 65+			
% with less than high school education	*	39.0%	20.1%
% with high school or some college	*	47.9%	58.7%
% with college degree	*	6.7%	11.8%
% with graduate or professional degree		6.4%	9.4%
% of 65+ population who speak only English at home		99.6%	97.8%
% of 65+ population who are veterans of military service	*	8.3%	15.8%
Life expectancy at birth		72.1	74.6

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>COVID-19</b>			
Total COVID-19 cases since March 2020		4,446	797,161
COVID-19 mortality rate per 100,000 people		597.2	417.1
% of county received at least one vaccine dose		67.0%	53.7%
% of county fully vaccinated		60.0%	48.9%
<b>WELLNESS</b>			
% 60+ getting the recommended hours of sleep		50.8%	59.9%
% 60+ doing any physical activity within last month	W	46.3%	61.3%
% 60+ met CDC guidelines for muscle-strengthening activity		13.2%	19.0%
% 60+ met CDC guidelines for aerobic physical activity	W	29.0%	39.8%
% 60+ with fair or poor health status		35.7%	32.5%
% 60+ with 15+ physically unhealthy days in last month		16.9%	18.7%
<b>FALLS</b>			
% 60+ who fell within last year		31.1%	27.8%
% 60+ who were injured in a fall within last year		9.4%	10.6%
<b>PREVENTION</b>			
% 60+ with physical exam/check-up in last year		90.9%	89.0%
% 60+ had flu shot in last year		52.0%	57.6%
% 60+ had pneumonia vaccine	W	40.1%	58.9%
% 60+ had shingles vaccine		20.7%	24.4%
% 60+ women with a mammogram within last 2 years		73.0%	71.0%
% 60+ with colorectal cancer screening		54.0%	57.1%
% 60+ with HIV test		24.7%	20.8%
% 60+ met CDC preventive health screening goals		19.2%	26.2%
<b>CHRONIC DISEASE</b>			
% 65+ with Alzheimer's disease or related dementias		15.1%	12.9%
% 65+ with arthritis		37.9%	39.8%
% 65+ with asthma		4.3%	3.7%
% 65+ with atrial fibrillation		6.0%	8.9%
% 65+ with cancer (breast, colorectal, lung, prostate)		8.3%	8.8%
% 65+ with chronic kidney disease		30.9%	25.3%
% 65+ with chronic obstructive pulmonary disease (COPD)		11.0%	12.6%
% 65+ with diabetes		37.0%	30.7%
% 65+ with high cholesterol		36.6%	48.9%
% 65+ with heart failure		18.7%	16.1%
% 65+ with hypertension		72.9%	67.9%
% 65+ with ischemic heart disease		26.0%	31.9%
% 65+ with osteoporosis		N/A	6.4%
% 65+ with stroke		5.0%	4.4%

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>NUTRITION &amp; DIET</b>			
% 60+ with 5 or more servings of fruits or vegetables per day		11.0%	11.1%
% 60+ self-reported obese		44.4%	36.0%
% 60+ with cholesterol screening		95.8%	94.7%
<b>ORAL HEALTH</b>			
% 60+ with annual dental exam		52.0%	56.3%
# of dentists per 100,000 persons (all ages)		6.0	42.1
% 60+ with loss of 6 or more teeth		60.4%	45.8%
<b>BEHAVIORAL HEALTH</b>			
# of drug overdose deaths (all ages)		0	2,137
% 60+ current smokers		17.0%	13.1%
% 65+ with alcohol abuse disorder		1.2%	1.3%
% 65+ with drug abuse/substance abuse disorder		2.4%	2.6%
<b>MENTAL HEALTH</b>			
% 60+ with 15+ days poor mental health in last month		9.2%	9.8%
% 65+ with depression		12.0%	16.4%
% 65+ with schizophrenia & other psychotic disorder		4.1%	2.2%
<b>LIVING WITH DISABILITY</b>			
% 65+ with self-reported hearing difficulty		13.0%	15.5%
% 65+ with self-reported vision difficulty	*	20.5%	8.7%
% 65+ with self-reported cognition difficulty		13.3%	11.2%
% 65+ with self-reported ambulatory difficulty		33.5%	28.0%
% 65+ with self-reported self-care difficulty		14.1%	10.2%
% 65+ with self-reported independent living difficulty		20.7%	17.3%
<b>CAREGIVING</b>			
% of grandparents raising grandchildren		3.5%	2.4%
% of grandparents who live with grandchildren	*	7.4%	4.7%
<b>ACCESS TO CARE</b>			
% 60+ with a regular doctor		91.8%	92.0%
% 60+ who did not see a doctor when needed due to cost		8.7%	8.6%
# of primary care providers in county		8	3,571
# of rural health care centers in county		3	191
# of hospitals in county		1	101
# of home health agencies in county		0	45
# of nursing homes in county		2	204
# of community health centers in county		0	20
# of adult day health centers in county		0	8
# of hospice agencies in county		0	94

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>COMMUNITY</b>			
Particulate matter PM2.5		N/A	9.1
Ozone		N/A	0.361
Air pollution: annual # of unhealthy days for 65+		N/A	N/A
Age-friendly efforts in county		Not yet	Not yet
# of senior centers in county		0	115
% households that have smartphone (all ages)	*	21.7%	15.3%
% households without computer (all ages)	*	26.2%	13.5%
% households with access to Broadband (all ages)	*	50.3%	75.8%
% households without access to Internet (all ages)	*	49.7%	23.9%
Voter participation rate in 2020 presidential election (age 18+)		58.9%	61.2%
<b>SAFETY &amp; CRIME</b>			
Homicide rate/100,000 persons		40.2	14.1
# firearm fatalities (all ages)		39	3,428
# 60+ deaths by suicide		0	562
<b>TRANSPORTATION</b>			
% 65+ who own a motor vehicle		84.0%	91.5%
% 60+ who always drive or ride wearing a seatbelt		84.3%	89.6%
# of fatal crashes involving adult age 60+		5	780
<b>HOUSING</b>			
% 65+ population who live alone		29.7%	28.1%
Average household size (all ages)		2.6	2.6
Median house value	*	\$58,600	\$125,500
% 60+ who own home	*	74.2%	82.7%
% 60+ homeowners who have mortgage	*	18.2%	32.1%
% 65+ households(renter) who spend >35% of income on housing		21.3%	33.5%
% 65+ households(owner) who spend >35% of income on housing		15.1%	15.2%
<b>ECONOMIC</b>			
% 60+ receiving food benefits in last year	*	23.4%	11.4%
% 65+ employed in last year		12.5%	15.6%
% 65+ with income below the poverty line in last year	*	26.7%	12.8%
65+ median household income	*	\$26,211	\$36,653
% 65+ households with annual income < \$20,000	*	39.5%	27.4%
% 65+ households with annual income \$20,000-\$49,999		34.4%	35.5%
% 65+ households with annual income \$50,000-\$99,999		20.2%	24.6%
% 65+ households with annual income \$100,000+	*	5.8%	12.5%

HEALTHY AGING INDICATORS	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
<b>Elder Index: COST OF LIVING</b>			
Single, homeowner without mortgage, good health	0.97	\$20,136	\$20,760
Single, renter, good health	0.93	\$22,188	\$23,892
Couple, homeowner without mortgage, good health	0.97	\$32,328	\$33,264
Couple, renter, good health	0.94	\$34,380	\$36,396

### TECHNICAL NOTES

*\*See our technical report for more information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between county and state estimates that we are confident are not due to chance. “Better” is used where a higher/lower value has positive implications for the health of older residents. “Worse” is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an \*. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.*

### Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).*
- *COVID-19: Mississippi State Department of Health (MSDH; 2022).*
- *Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2013-2020), & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).*
- *Nutrition/Diet, Oral Health: BRFSS (2013-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Behavioral Health, Mental Health: BRFSS (2013-2020), CMS (2018), & MSDH (2022).*
- *Living with Disability: ACS (2016-2020).*
- *Caregiving: ACS (2016-2020).*
- *Access to Care: BRFSS (2013-2020), CMS (2018), National Adult Day Service Association (June 2022), Community Health Center (Association of Mississippi; June 2022).*
- *Community: Environmental Protection Agency (EPA, 2020), BRFSS (2013-2020), ACS (2016-2020), AARP, & State of Mississippi (May 2022).*
- *Safety & Crime: CDC WONDER (2016-2020).*
- *Transportation: BRFSS (2013-2020), ACS (2016-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).*
- *Housing & Economic: ACS (2016-2020).*
- *Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).*

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