COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone away from others if they have had close contact with a person who has COVID-19.

ISOLATION keeps someone who tested positive for COVID-19 (with or without symptoms) away from others, including those in their own home.

If you had close contact with a person who has COVID-19:

- Stay home until 14 days after your last contact.

- Check your temperature twice a day and watch for symptoms of COVID-19.

- If possible, stay away from people who are at higher risk for getting very sick from COVID-19.

- Consider getting tested for COVID-19. Find a provider at http://HealthyMS.com/covid19test and tell them you have been exposed.

If you are sick and think or know you have COVID-19:

- Stay home until after
  - At least 14 days since symptoms first appeared **and**
  - At least 24 hours with no fever (without using fever-reducing medication) **and**
  - Symptoms have improved

If you tested positive for COVID-19 but do not have symptoms:

- Stay home until after 14 days have passed since your positive test.

If you live with others, stay in a specific "sick room" or area, and away from other people or animals, including pets. Use a separate bathroom, if available.

MISSISSIPPI STATE DEPARTMENT OF HEALTH