

## COVID-19 Specimen Collection

### Required Specimen: Nasopharyngeal Swab

#### Materials:

- Synthetic fiber swab with plastic shaft
- Viral transport media tube (*should contain 1-3 ML of sterile viral transport medium*)

#### Procedure

- Tilt the patient's head back 70 degrees.
- Insert swab into a nostril parallel to the palate and leave the swab in place for a few seconds to absorb secretions.
- Repeat on the second nostril using the same swab
- Place tip of the swab into sterile vial of viral transport media and snap/cut off the swab applicator stick at the preformation.
- Tightly seal the vial
- Label the tube with the patient's name, specimen source, and date/time of collection.
- Store the specimen at 2-8°C until shipment.

