Mississippi State Department of Health

The Office of Health Equity

Information on Submission of Request for Proposals (RFP)

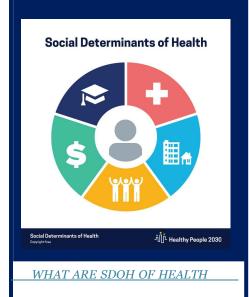
BE IN GOOD HEALTH 2.0: IMPLEMENTING FAITH-BASED PREVENTIVE HEALTH INITIATIVES

ABOUT US

The Office of Health Equity
(hereinafter referred to as
"Office") serves as the official
health equity arm of The
Mississippi State Department
of Health (MSDH). The Office
is focused on creating
conditions that assure
optimal health for all people.
This includes specific
interests in working to reduce

persistent health disparities

found throughout Mississippi.



The MSDH and Office of Health Equity are committed to eliminating health inequities. This office realizes that minority communities do not have the same opportunities as other groups to achieve and sustain optimal health. We believe that faith-based organizations can play an integral role in helping to eliminate health disparities in the community as churches are a longstanding source of strength and support, making them uniquely positioned to encourage and distribute health information that promotes healing and health as a mission to its members and the community it serves.

The office is soliciting proposals from churches to enhance and/or develop and strengthen health ministries to improve the management and prevention of chronic disease.

OBJECTIVES & GOALS

The <u>objective</u> of this RFP is to provide capacity building that will improve the health status of the church and strengthen community and congregational well-being through informed health promotion programming.

Specifically, our *goal* is to expand the capacity of churches with health ministries to enhance and increase knowledge as it pertains to preventive health and addressing the needs of congregates and the broader community. The overall aim is to promote community health through capacity building and strategic partnerships.

Additionally, the Be In Good Health 2.0 grant opportunity will implement evidence-based lifestyle change programs that are responsive to congregation members' health needs. Prioritizing cultural responsiveness to help empower communities to engage in healthy behaviors, while also enhancing capacity and sustainability for creating a culture of health and wellness.

The Office is committed to increasing health equity by working with external partners to identify health disparities and to seek innovative solutions to address them.

DESCRIPTION OF SERVICES REQUESTED

The specific interest of the Office of Health Equity is to build/incorporate health ministries within churches and/or expand existing health ministries. The Office welcomes grant requests to support churches in their efforts to meet the basic health needs of and provide valuable resources for the congregation. See *two* <u>MANDATORY</u> activities that are required to implement during the project period.

MANDATORY

- 1. Host a **Motivated to Live a Better Life** workshop focused on the management or prevention of chronic disease and injury (i.e., **Chronic Disease or Diabetes Self-Management, Cancer Thriving & Surviving, Building Better Caregivers, or Matter of Balance**) in collaboration with the MSDH Office of Preventive Health.
- Host two health fairs that are to include health screenings (Blood Pressure, Glucose and BMI), COVID vaccinations, other recommended vaccinations (i.e. Influenzas, Pneumococcal, Shingrix, MPOX, and RSV vaccines) and HIV/STD testing.

In addition, please select a minimum of two projects from the following areas of focus. The office seeks projects demonstrating desires to:
Host monthly health awareness workshops on various topics such as chronic and infectious diseases, health literacy, healthy eating, mental health, physical activity etc.
Implement exercise classes (Walking and Cycling Clubs, Line Dancing and/or Aerobics Classes).
Develop and implement a healthy food policy (template will be provided upon request).
Implement or expand food distribution/food bank and/or clothes closet.
Host healthy cooking demonstration classes.
Start a church garden or have a representative teach gardening techniques to disseminate produce to and economically vulnerable groups.
Enhance reliable access and resources to local health care providers, pharmacies, social services, etc.
CPR-AED Training
Expand a transportation ministry for health-related activities (If applicable)
Other

DELIVERABLES: Churches will engage in the following:

- 1. Quarterly Reports will be required, and benchmarks will be set.
- 2. Receipts, sign-in sheets, and agendas are required.
- 3. Be in Good Health grantees are **required** to attend:
 - 1-hour virtual orientation kick-off meeting
 - Quarterly peer learning sessions with the entire cohort of churches to discuss challenges as well as successes and opportunities to implement activities in different community contexts.
 - 1-hour Grantee Closeout/Recap session

FUNDING

The Office of Health Equity will award church mini grants between \$7,000 and \$15,000 to establish, enhance, or support a congregational health ministry within the church. The **22-month project timeline cycle** will extend from **July 1, 2024, to April 30, 2026.**

1. Pro	oposal Content a. Cover Sheet			
	a. Cover Sneet b. Name of Pastor	Address		
	c. Contact name	Phone	Email	
	d. Project title			
2. Pro	oject Narrative (Make sure your narrative i	includes the following	g - <mark>2-3 page maximum</mark>):	
	a. Project Overview (Provide a descriptio	on of the project and it	ts purpose)	
	b. Project Goal (What are the expected or	utcomes?)		
*P	lease note Project Evaluation specifics will b	oe addressed during th	e technical assistance call.	
3 11.	alth Michigan Consultants			
	alth Ministry Coordinator Include the role of the individual in the ch			
<u> </u>	responsibilities of this initiative.	narch who will lead th	e error to and establish the	

Ple	Budget Please provide a detailed budget below. No personnel can be paid under this mini grant; however, a stipend i								
allowed for the individual leading these efforts. The budget for cost is reimbursement only.									

Contact Information

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Phone: (601) 206-1050

Email: Health.EquityOffice@msdh.ms.gov

Website: https://msdh.ms.gov

Submission Details and Award Timeline

- 1. Request for Proposals (RFP) released Monday, June 10, 2024.
- 2. Health Equity RFP Technical Assistance call, Thursday, June 13, 2024, at 3 PM CDT.
 - https://itsmsgov.zoom.us/meeting/register/tZcud--hqjooG9EqIIGh6DIWX4UFTUV9OOV5
- 3. Proposals are due by 5:00 PM CDT on Monday, June 24, 2024.
- 4. Email the proposal to Health.EquityOffice@msdh.ms.gov and indicate in the subject line: Be in Good Health 2.0 RFP (Name of Church) and request a Delivery Receipt.
- 5. Notice of Selection Status by email on (or about) Monday, July 1, 2024.
- 6. Project Period: July 1, 2024 to April 30, 2026.