

Well-Child Visits

It is an opportunity for you to discuss any questions or concerns you have about your child with a health care provider.



What happens at a well-child visit?

Physical Exam

Your health care provider will take measurements of your child's growth and perform a head-to-toe physical exam.

Why is this important?

Tracking your child's physical development helps you and your health care provider understand how your child's growth compares to other children their age.

Screening

Depending on your child's age, your health care provider may perform a hearing, vision or oral health screening. They may also screen for conditions like anemia, lead poisoning, high blood pressure, and high cholesterol.

Why is this important?

Screening allows your health care provider to identify any health concerns early and treat them.

Immunization

Your child will receive any immunizations that are recommended by the **Child & Adolescent Immunization Schedule**. The recommended vaccines depend on your child's age.

Why is this important?

Keeping your child up-to-date on their vaccines is the best way to prevent some serious illnesses and their complications.

Discussion

This is an opportunity for you to discuss any questions or concerns you have about your child's health. You may discuss your child's physical development, social behaviors, environment, learning, and emotional well-being.

Why is this important?

By talking about your concerns and asking questions, your health care provider can offer you tools and information to best support your child and family.

Developmental Screening looks at how your child is developing.

Why is this important?

Early identification of a developmental disorder allows for early intervention and access to resources to help your child succeed in educational and social settings in your community.

Well-Child Visits



Prepare for your well-child visit

To get the most out of your well-child visit you can:

- Make notes about your child's growth and development since your last visit.
- Write a list of questions you have for the health care provider.
- Collect and bring any information that may be helpful to your health care provider (e.g., reports from school or child care centers).

A special note for parents of teens

During well-child visits for teenagers, it is common for parents to leave the room so the teen and the health care provider can have some one-on-one time. Encourage your teen to ask their own questions during this time. It is a good opportunity for teens to take responsibility for their own health.

Schedule your well-child visit today!

Children under 21 years of age are eligible for well-child visits regardless of type of insurance.

To learn more about well-child visits, contact your regular health care provider or clinic and visit online: <https://brightfutures.aap.org/families/Pages/Well-Child-Visits.aspx>

Well-Child Visit Schedule

The first week visit (3 to 5 days old)	7 years old
1 month old	8 years old
2 months old	9 years old
4 months old	10 years old
6 months old	11 years old
9 months old	12 years old
12 months old	13 years old
15 months old	14 years old
18 months old	15 years old
2 years old (24 months)	16 years old
2 ½ years old (30 months)	17 years old
3 years old	18 years old
4 years old	19 years old
5 years old	20 years old
6 years old	21 years old

