



When to use a home test for COVID-19:

- 1. You develop symptoms of COVID-19, or**
- 2. You are a close contact to an individual with COVID-19 and are testing on day 5 after exposure.**

If you use your home test because you are symptomatic:

- **If your test is negative:** Stay home until your symptoms have improved and you are fever free for 24 hours, even if your test is negative. See your medical provider for further evaluation and care as needed.
- **If your test is positive:** You are likely infected; isolate at home for at least 5 days. After 5 days, if your symptoms are improved and you are fever free for at least 24 hours, then you may return to normal activity on days 6-10 if you wear a mask at all times around others. Tell your close contacts they may have been exposed to COVID-19 (an infected person can spread COVID-19 starting 2 days before symptoms develop)

If you were exposed to an individual with COVID-19, MSDH recommends that you test for COVID-19 on day 5:

- Anyone exposed to COVID-19 should wear a mask for a full 10 days in public or around others and should get tested at least 5 days after last contact even if you do not develop symptoms.
- Anyone who is not up to date with COVID-19 vaccines (<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>) should also quarantine at home for at least 5 days.
- If your test on day 5 is negative and you are not symptomatic, you can return to normal activity on days 6-10 as long as you wear a mask at all times in public.
- If you develop symptoms prior to day 5, use your test on the day your symptoms develop and see your medical provider for additional evaluation and care as needed.
- If your test on day 5 is positive, you should follow the isolation guidance for individuals with COVID-19.
- Anyone who is exposed to COVID-19 and who had COVID-19 infection within the past 90 days does not need to quarantine or test unless they develop symptoms. However, you should wear a mask at all times in public for 10 days after your exposure.

Detailed **Quarantine Guidance** for individuals who are close contacts to someone with COVID-19 can be found on the MSDH website at: https://msdh.ms.gov/msdhsite/_static/resources/9914.pdf

Isolation Guidance for individuals with COVID-19 can be found on the MSDH website at: https://msdh.ms.gov/msdhsite/_static/resources/9915.pdf

Additional information from CDC regarding Isolation and Quarantine can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>