

## MISSISSIPPI STATE DEPARTMENT OF HEALTH

Mississippi Tobacco Control Advisory Council (TCAC) Meeting
Physical Address

Date: November 6, 2020 Time 11 am -12 pm Minutes

Chairman:	Robert Collins, MD	Recorder:	Reeshemah Allen
<b>Distribution List:</b>	Entire TCAC Membership		

			Representative
	Attended	Did Not Attend	Attended (list name)
Robert Collins	X		
Winston Choi	X		
Gena Vail	X		
Felicia Gavin		X	
Tom Payne	X		
Donna Antoine-LaVigne		X	
Krista Guynes		X	
Tommy Goodwin	X		
Nelson Atehortua De La Pena	X		
Richard Friedman		X	
Mike Lanford		X	
Richard Summers	X		

Meeting Called to Order: 11:14 a.m.

Introductory remarks:

## Updates (MSDH):

Updates (Data): Robert McMillen gave data available from 2019, the 2020 data is not available yet on smoking and e-cigarettes. 36% of MS population is protected by a comprehensive smoke free ordinance. 53.7% of High School students who currently use Nicotine, use E-Cigarettes: about 60% of College Students are using some king of Pod System. 20.4 % of MS Adults are smokers in the age range of 54-34 years old, are mostly male, and not even in High School yet. The more people are educated about the risks associated with smoking; the less likely people are to smoke. There are currently 171 smoke free municipalities in Mississippi of which have ordinances that include Electronic Cigarettes.

Updates (Partners): American Cancer Society- Cancer Policy & Prevention Control is having a Summit on November 17th and TCAC members are invited. The American Cancer Society announced that January 5<sup>th</sup> session meeting for the agenda and on January 18<sup>th</sup> there will be session meeting to close out the agenda. American Heart Association, American Lung Association, and The Partnership for a Health MS were also at the TCAC Meeting.

Updates (Other): Catch My Breath presented by Marcella Bianco. It is a proven-effective nicotine vaping prevention program for grades 5-12, that teaches students about healthy behaviors (based on cognitive theory). It is an evidence-base program that is used world-wide and has been reported in several major news journals. The program is 4 lessons X 35-45 min. Each lesson 1 per week (recommended). All teachers who participate are given the materials needed. The 5 key

points to teach the students in every Curriculum are: the value of making healthy choices, consequences of making poor health choices, where to go for valid health info, setting high health goals for themselves, and advocating for the health of themselves.

Old Business: Discussed about Dr. Nelson Atehortua being elected Chair Tobacco Control Advisory Council at the beginning of 2021

Approval of Previous Minutes (Yes or No – List any Revisions):

Motions (List the Motion and the individual who made the motion:

Seconding of Motions (List the individual who seconded the motion): Everyone

Votes (In Favor of Or Opposed): All in favor of Dr. Nelson Atehortua being new chair

New Business: Dr. Nelson Atehortua will be new Chair of Tobacco Control Advisory Council

Next Meeting: February 19, 2021

Adjourned (List Time): 12:00

Comments:

NC