How Does Newborn Screening Work?

12-48 hours after birth three tests are done to check your baby’s health:
- Hearing screening
- Heart screening
- Blood spot screening

Blood spot screening takes a few days. Your baby’s dried blood spots are sent to the lab for testing.

Hearing screening and heart screening takes a few minutes. Ask for your baby’s results when the test are done.

At the lab, blood spots are cut into smaller circles for each of the tests. Your baby is tested for more 50 health problems.

Negative Results: If test is looks ok, the results are sent to your baby’s doctor. Ask for your baby’s results at the first newborn visit.

Positive Results: If there might be a problem, the lab will call your baby’s doctor. Screening only tells us if a baby might have a health problem. We won’t know for sure until the doctor does more tests. Your baby’s doctor will talk to you about what needs to happen next.