## WHAT IS AFM?

A rare but serious condition affecting the nervous system, specifically the spinal cord. Seek medical care right away if your child has any of these symptoms. It can cause sudden muscle weakness and loss of muscle tone.

#### **SYMPTOMS**

<u>Sudden Onset</u> - Starts with sudden weakness in one or more arms and legs.

**MSDH** 

Loss of Reflexes/Facial Drooping - Facial movements and swallowing may be affected.

**Respiratory Difficulties** - Only in severe cases

#### CAUSES

<u>**Causes</u>** - viral infections as well as environmental toxins and genetic factors.</u>





## **ACUTE FLACCID MYELITIS**

July 2025

#### TREATMENT

Physical therapy, occupational therapy, and pain management

#### PREVENTION

- Respiratory illness vaccinations
- Avoid sick individuals
- Clean surfaces
- Washing Hands







Wash the front and back of your hands and in between your fingers.



Rinse hands with water.



Use towel to turn off faucet and throw it away.



Rub hands together and scrub everywhere.



Dry hands completely using a single use towel.



The MRI illustrates spinal cord swelling. Seek help from your healthcare professional with



Apply enough soap to cover all hand surfaces.

# Contact



Office of Epidemiology: 601-576-7725

# **Stay Informed About Health Issues**

### Look out for AFM signs and symptoms



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## Limb weakness and paralysis

The most common symptom of AFM



Some people may experience







Recent or current respiratory illness



Headache



Fever

Back or

neck pain





Gait

difficulty

Pain or numbness in the limb(s)



or swallowing



**Difficulty talking** Neck or facial weakness