

MOUTH HEALTH MATTERS!

“How **DIABETES** Affects Your **ORAL HEALTH**”



- People with diabetes are more susceptible to serious gum disease.
- Serious gum disease may make diabetes worse by affecting blood glucose control.

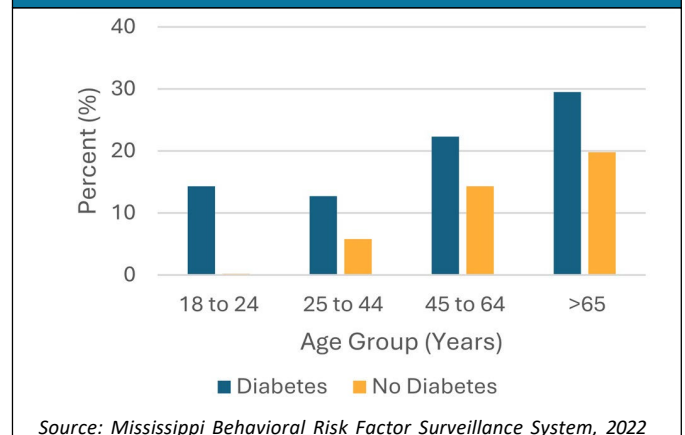
ORAL HEALTH PROBLEMS FROM DIABETES

- Periodontal (gum) Disease
- Thrush (Fungal infection)
- Dry Mouth
- Tooth Decay
- Delayed Healing
- Tooth Loss

ORAL HEALTH AND DIABETES IN MISSISSIPPI ADULTS

- Approximately **17%** of the population in Mississippi has diabetes.
- About **15%** of the population in Mississippi with diabetes has lost all their permanent teeth.
- More **female** diabetics (55.8%) have lost six or more teeth than **male** diabetics (44.2%) with no racial differences noted between Whites and Blacks.
- Among Mississippi adults, those with diabetes show a significantly higher prevalence of having six or more missing teeth across all age groups, with the highest rates observed in individuals over 65.

Figure 1. Prevalence of six or more teeth missing by Diabetes status among Mississippi Adults, 2022



1 in **4** cases with **diabetes** have lost six or more teeth

KEEP TEETH & GUMS STRONG!



Control Blood Sugar Levels



Maintain Good Oral Hygiene



Regular Dental Check-ups



Avoid Smoking and Tobacco use

