

# **Alcohol Screening and Brief Intervention (ASBI)**



Analysis of 2022 Mississippi Behavioral Risk Factor Surveillance System (BRFSS) Data

May 15, 2024



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#### **Important Information**

#### **About BRFSS**

- The Mississippi Behavioral Risk Factor Surveillance System (BRFSS) is conducted annually to monitor the prevalence of behaviors that contribute to the leading causes of morbidity and mortality among adults in our state.
- The 2022 Mississippi BRFSS was completed by 4,239 Mississippians aged 18 years or older.

#### **About This Report**

- The estimates in this report are weighted to represent the adult population of Mississippi.
- Some estimates in this report are based on a cell size (numerator) of less than 20. Use caution when interpreting and comparing these estimates. Cell sizes for each estimate are included in each topic's respective data table.
- For BRFSS data, CDC recommends not interpreting percentages where the denominator is based upon fewer than 50 non-weighted respondents or the relative standard error (RSE) of the estimate is greater than 30%. In the tables of this report, results replaced with a dash (-) indicate a sample size of less than 50 or an RSE greater than 30%.
- The difference between two estimates is considered statistically significant (also stated as "significantly higher/lower" or "significant" in this report) if the 95% confidence intervals do not overlap.
- In this report, "Other Race" refers to adults who reported their race/ethnicity as anything other than White, Non-Hispanic (NH) or Black, NH.
- In the 2022 MS BRFSS, the numbers of responses for individual races and ethnicities contained in the "Other Race" demographic group (Table A, below) were too low to allow for meaningful estimates. To request additional race/ethnicity data, please submit a data request using MSDH's online form.

Table A. Races and Ethnicities Included in the "Other Races/Ethnicities" Demographic Group							
<b>5</b> 4 <b>5</b> 4 4 4	TOTAL 2022 SURVEY SAMPLE						
Race/Ethnicity	Unweighted Total	Weighted Total	Weighted Percent				
American Indian or Alaskan Native, Non-Hispanic	26	36,684	1.66				
Asian, Non-Hispanic	29	32,004	1.45				
Any race, Hispanic	67	82,236	3.77				
Multiracial, Non-Hispanic	24	22,608	1.03				
Native Hawaiian or Pacific Islander, Non-Hispanic	1	1,131	0.05				
Other race, Non-Hispanic	0	0	0.0				
Total "Other Races/Ethnicities" Demographic Group	147	174,663	7.96				

# Survey Questions for Each Topic in This Report (2022 MS BRFSS Survey)

#### **Current Alcohol Consumption**

• During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage? (Core Section 14: Alcohol Consumption)

#### **Current Binge Drinking**

- During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage? (Core Section 14: Alcohol Consumption)
- Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks for men or 4 or more drinks for women on an occasion? (*Core Section 14: Alcohol Consumption*)

#### Routine Checkup in Past 2 Years Among Current Alcohol Drinkers

• About how long has it been since you last visited a doctor for a routine checkup? (Core Section 3: Health Care Access)

#### Asked If They Drink at Routine Checkup

• You told me earlier that your last routine checkup was [within the past year/within the past 2 years]. At that checkup, were you asked in person or on a form if you drink alcohol? *(Optional Module 20: Alcohol Screening & Brief Intervention)* 

#### Asked How Much They Drink at Routine Checkup

• Did the health care provider ask you in person or on a form how much you drink? *(Optional Module 20: Alcohol Screening & Brief Intervention)* 

#### Asked About Binge Drinking at Routine Checkup

• Did the healthcare provider specifically ask whether you drank [5 for men/4 for women] or more alcoholic drinks on an occasion? (Optional Module 20: Alcohol Screening & Brief Intervention)

#### Offered Advice about Harmful Drinking at Routine Checkup

• Were you offered advice about what level of drinking is harmful or risky for your health? (Optional Module 20: Alcohol Screening & Brief Intervention)

#### Advised to Reduce/Quit Drinking at Routine Checkup

• Healthcare providers may also advise patients to drink less for various reasons. At your last routine checkup, were you advised to reduce or quit your drinking? (Optional Module 20: Alcohol Screening & Brief Intervention)

#### **Current Alcohol Use**

In this report, a **current alcohol user** is defined as an adult who reported that they have had at least one drink of any alcoholic beverage during the last 30 days.

#### Overall

• Approximately 2 in 5 adults (42.3%) were current alcohol users.

#### Sex (Figure 1.1)

• The percentage of current alcohol use was **significantly higher** among **men** (49.1%) compared to women (36.1%).

#### Race/Ethnicity (Figure 1.2)

• The percentage of current alcohol use was **highest** among adults of **other races/ethnicities** (45.1%), followed by White, NH (42.1%) and Black, NH (41.6%) adults. However, there were **no significant differences** in percentage of current alcohol use among the race/ethnicity groups.

#### Age (Figure 1.3)

• The percentage of current alcohol use was **significantly higher** among adults aged **25-34 years** (55.0%) **and 35-44 years** (50.0%) compared to adults aged 55-64 years (39.5%) and 65+ years (25.2%).

#### **Educational Attainment (Figure 1.4)**

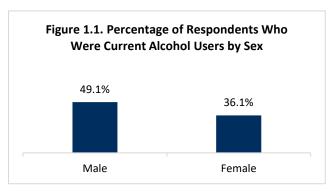
• The percentage of current alcohol use increased as education level increased and was **significantly higher** among adults who completed **some college post-high school** (46.9%) **and** adults who **graduated college** (49.3%) compared to adults who did not graduate high school (30.2%) and adults whose highest level of education was high school graduation (37.9%).

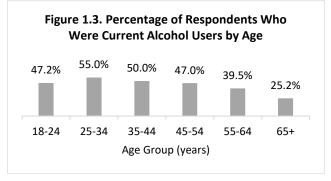
#### **Annual Household Income (Figure 1.5)**

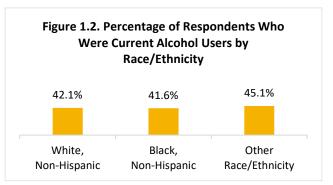
• The percentage of current alcohol use increased as annual household income increased and was **significantly higher** among adults whose household income was \$75,000 or more (57.0%) compared to adults whose household income was \$35,000 to \$49,999 (45.6%) or lower.

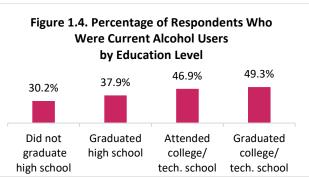
#### Trend (Figure 1.6)

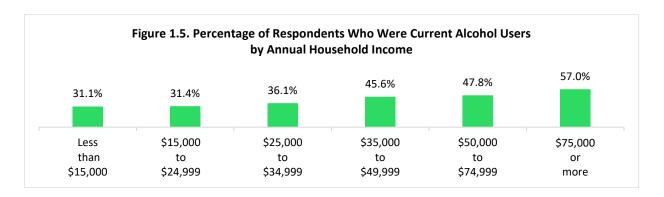
• The percentage of current alcohol use increased from 38.8% in 2014 to 42.3% in 2022; however, the difference between the two estimates is **not statistically significant**.











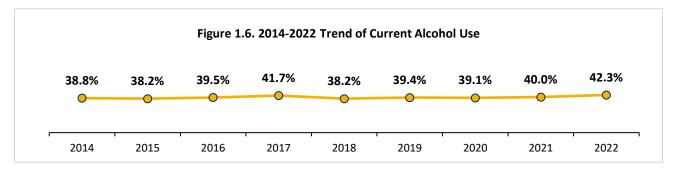


TABLE 1. Current Alcohol Use Has consumed at least one alcoholic beverage in the past 30 days						
DEMOGRAPHIC	RESPO	ONDENTS	Yes			
GROUPS	TOTAL	WEIGHTED	N <sup>(1)</sup>	% <sup>(2)</sup>	C.I. (95%)	
TOTAL	3,929	2,095,113	1,640	42.3	40.3-44.3	
Male	1,746	1,003,141	838	49.1	46.1-52.0	
Female	2,183	1,091,972	802	36.1	33.4-38.7	
White, Non-Hispanic (NH)	2,332	1,195,595	992	42.1	39.6-44.7	
Black, Non-Hispanic (NH)	1,386	696,328	564	41.6	38.2-44.9	
Other Races/Ethnicities	133	152,874	56	45.1	35.0-55.2	
18-24 years	402	279,113	202	47.2	40.9-53.5	
25-34 years	523	344,281	297	55.0	49.8-60.2	
35-44 years	571	318,646	288	50.0	44.8-55.1	
45-54 years	629	296,402	294	47.0	42.2-51.8	
55-64 years	720	340,543	275	39.5	34.5-44.4	
65+ years	1,047	123,442	270	25.2	21.6-28.7	
Less than H.S.	364	90,446	106	30.2	24.0-36.4	
H.S. or G.E.D.	1,001	624,648	348	37.9	34.2-41.7	
Some Post-H.S.	1,234	723,366	551	46.9	43.5-50.3	
College Graduate	1,319	442,333	633	49.3	45.8-52.7	
Less than \$15,000	279	156,868	84	31.1	23.6-38.6	
\$15,000-\$24,999	452	242,672	147	31.4	26.0-36.9	
\$25,000-\$34,999	513	295,067	194	36.1	30.6-41.5	
\$35,000-\$49,999	530	279,111	223	45.6	40.2-50.9	
\$50,000-\$74,999	529	277,877	235	47.8	41.9-53.8	
\$75,000+	960	482,059	536	57.0	52.9-61.0	

<sup>(1)</sup> Unweighted number

<sup>(2)</sup> Weighted percent

Note: Denominator excludes respondents with do not know/refused/missing responses

# **Current Binge Drinking**

In this report, a **current binge drinker** is defined as an adult who reported that they had 5 or more drinks on one occasion (if male) or 4 or more drinks on one occasion (if female) in the past 30 days. Due to biological differences, most women to absorb more alcohol and take longer to metabolize it than do men.

#### **Overall**

- Approximately 1 in 7 adults (13.5%) were current binge drinkers.
- Approximately 4 in 5 binge drinkers (81.7%) reported having had a routine checkup in the past 2 years.

#### Sex (Figure 2.1)

• The percentage of current binge drinking was **significantly higher** among **men** (19.0%) compared to women (8.5%).

#### Race/Ethnicity (Figure 2.2)

• The percentage of current binge drinking was **highest** among adults of **other races/ethnicities** (15.6%), followed by White, NH (14.4%), and Black, NH (11.5%) adults. However, there were **no statistically significant differences** in percentage among race/ethnicity groups.

#### Age (Figure 2.3)

• The percentage of current binge drinking increased as age decreased and was **significantly higher** among adults aged **18-24 years** (22.0%) **and 25-34 years** (20.1%) compared to adults aged 55-64 years (10.6%) and 65+ years (4.5%).

#### **Educational Attainment (Figure 2.4)**

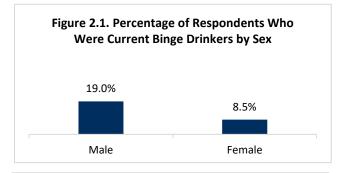
• The percentage of current binge drinking was **highest** among adults whose highest level of education was **high school graduation** (14.7%). However, there were **no statistically significant differences** in percentage among education level groups.

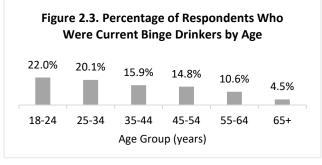
#### Annual Household Income (Figure 2.5)

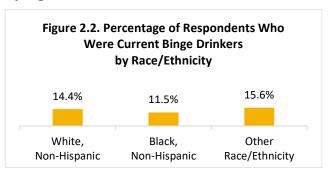
• The percentage of current binge drinking was **significantly higher** among adults whose annual household income was **\$75,000 or more** (16.6%) compared to adults whose annual household income was \$35,000 to \$49,999 (9.9%).

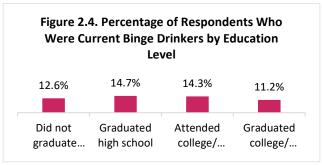
#### Trend (Figure 2.6)

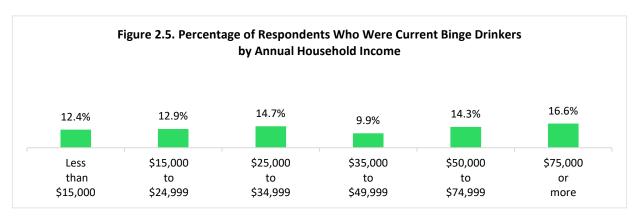
• The percentage of current binge drinking **increased** from 12.8% in 2014 to 13.5% in 2022; however, the difference between the two estimates is **not statistically significant**.

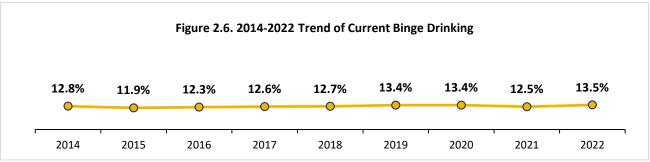












Males having five or more dr		2. Current Binge Dri casion / Females ha		ore drinks on o	one occasion)	
DEMOGRAPHIC	RESPO	ONDENTS	Yes			
GROUPS	TOTAL	WEIGHTED	N <sup>(1)</sup>	C.I. (95%)		
TOTAL	3,859	2,054,621	483	13.5	(12.1-14.9)	
		· · · · · · · · · · · · · · · · · · ·			1 (12 2 2 1 1)	
Male	1,709	977,976	299	19.0	(16.6-21.4)	
Female	2,150	1,076,645	184	8.5	(7.0-10.0)	
White, Non-Hispanic (NH)	2,302	1,178,553	310	14.4	(12.6-16.2)	
Black, Non-Hispanic (NH)	1,353	679,319	146	11.5	(9.3-13.6)	
Other Races/Ethnicities	129	148,201	21	15.6	(7.9-23.3)	
				•		
18-24 years	393	272,958	85	22.0	(16.5-27.4)	
25-34 years	510	334,208	106	20.1	(16.0-24.1)	
35-44 years	560	311,519	85	15.9	(12.2-19.6)	
45-54 years	620	292,031	87	14.8	(11.1-18.4)	
55-64 years	705	333,147	76	10.6	(7.9-13.3)	
65+ years	1,034	485,250	42	4.5	(2.7-6.4)	
1 45 11 0	054	I 000 040 I	4.4	10.0	(0.0.47.0)	
Less than H.S.	351	290,618	44	12.6	(8.3-17.0)	
H.S. or G.E.D.	979	614,749	126	14.7	(11.8-17.5)	
Some Post-H.S.	1,211	707,305	164	14.3	(11.9-16.7)	
College Graduate	1,307	436,625	148	11.2	(9.2-13.2)	
Less than \$15,000	274	154,947	33	12.4	(7.5-17.3)	
\$15,000-\$24,999	442	237,370	51	12.9	(9.0-16.8)	
\$25,000-\$34,999	506	290,420	62	14.7	(10.0-19.4)	
\$35,000-\$49,999	519	272,711	49	9.9	(7.0-12.8)	
\$50,000-\$74,999	525	275,928	65	14.3	(10.2-18.5)	
\$75,000+	947	472,172	147	16.6	(13.6-19.6)	

<sup>(1)</sup> Unweighted number

<sup>(2)</sup> Weighted percent

Note: Denominator excludes respondents with do not know/refused/missing responses

# **Asked Whether They Drink Alcohol**

The ASBI Module was administered to all respondents who had a routine checkup in the past 2 years, regardless of whether they reported consuming alcohol in the past 30 days.

#### **Overall**

• Approximately 5 in 7 adults (70.9%) were asked whether they drink alcohol during their last routine screening.

#### Sex (Figure 3.1)

• The percentage of being asked about alcohol consumption was **significantly higher** among **men** (74.8%) compared to women (67.7%).

#### Race/Ethnicity (Figure 3.2)

• The percentage of being asked about alcohol consumption was **significantly higher** among adults of **other races/ethnicities** (85.9%) compared to White, NH (70.3%) and Black, NH (69.1%) adults.

#### Age (Figure 3.3)

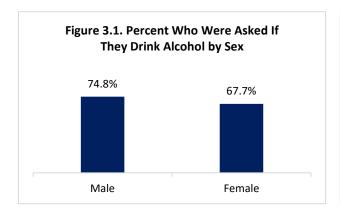
• The percentage of being asked about alcohol consumption was **significantly lower** among adults aged **65+ years** (57.2%) compared to all younger ages except for the 18-24 years group (66.7%).

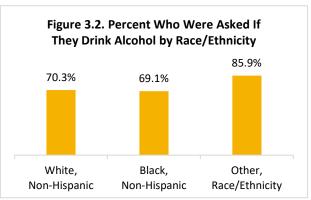
#### **Educational Attainment (Figure 3.4)**

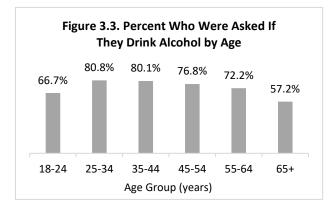
• The percentage of being asked about alcohol consumption increased as level of education increased and was **significantly higher** among adults who completed **some college post-high school** (74.0%) **and college graduates** (77.0%) compared to adults with lower levels of education.

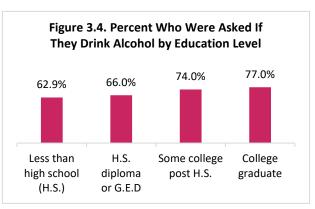
#### Annual Household Income (Figure 3.5)

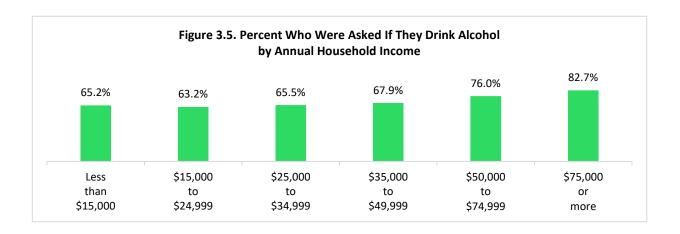
• Overall, the percentage of being asked about alcohol consumption increased as annual household income increased and was **significantly higher** among adults who earned **\$75,000 or more** (82.7%) compared to adults who earned \$35,000 to \$49,999 (67.9%) or less.











DEMOGRAPHIC	RESPO	ONDENTS		Yes		
GROUPS	TOTAL	WEIGHTED	N <sup>(1)</sup>	% <sup>(2)</sup>	C.I. (95%	
TOTAL	3,036	1,559,274	2,144	70.9	(68.8-73.0	
Male	1,261	705,638	916	74.8	(71.9-77.6	
Female	1,775	853,637	1,228	67.7	(64.7-70.0	
White, Non-Hispanic (NH)	1,720	853,760	1,233	70.3	(67.4-73.2	
Black, Non-Hispanic (NH)	1,171	576,986	803	69.1	(65.8-72.	
Other Races/Ethnicities	90	96,307 70		85.9	(79.3-92.5	
18-24 years	18-24 years 256 170,238		181	66.7	(59.0-74.4	
25-34 years	366	224,839	291	80.8	(76.4-85.	
35-44 years	445	248,601	351	80.1	(75.8-84.	
45-54 years	490	226,013	377	76.8	(72.2-81.3	
55-64 years	578	272,063	420	72.2	(67.3-77.	
65+ years	874	400,166	507	57.2	(52.7-61.7	
Less than H.S.	258	204,695	158	62.9	(55.4-70.4	
H.S. or G.E.D.	759	447,575	493	66.0	(62.0-70.	
Some Post-H.S.	957	556,783	682	74.0	(70.6-77.3	
College Graduate	1,054	346,703	805	77.0	(73.8-80.2	
Less than \$15,000	209	118,452	130	65.2	(56.8-73.	
\$15,000-\$24,999	350	179,689	217	63.2	(56.8-69.	
\$25,000-\$34,999	387	205,727	255	65.5	(59.8-71.3	
\$35,000-\$49,999	412	215,810	290	67.9	(62.0-73.8	
\$50,000-\$74,999	423	211,149	308	76.0	(70.3-81.7	

<sup>(1)</sup> Unweighted number (2) Weighted percent

Note: Denominator excludes respondents with do not know/refused/missing responses

### **Asked How Much Alcohol They Drink**

The ASBI Module was administered to all respondents who had a routine checkup in the past 2 years, regardless of whether they reported consuming alcohol in the past 30 days.

#### **Overall**

• Approximately 3 in 5 adults (59.0%) were asked how much alcohol they drink during their last routine screening.

#### Sex (Figure 4.1)

• The percentage of being asked about how much alcohol they drink was **significantly higher** among **men** (62.5%) compared to women (56.1%).

#### Race/Ethnicity (Figure 4.2)

• The percentage of being asked about how much alcohol they drink was **significantly higher** among adults of **other races/ethnicities** (72.6%) compared to Black, NH (58.2%) and White, NH (58.1%) adults.

#### Age (Figure 4.3)

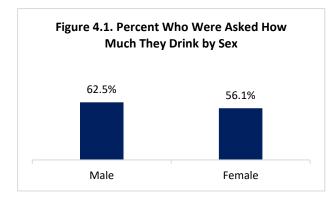
• The percentage of being asked about how much alcohol they drink was **significantly lower** among adults aged **65+ years** (44.9%) compared to all younger ages except for the 18-24 years group (52.9%).

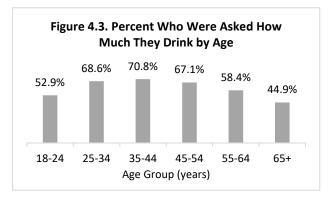
#### Educational Attainment (Figure 4.4)

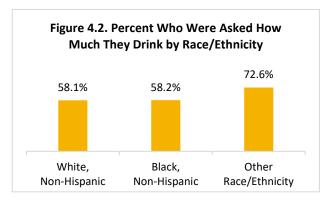
• The percentage of being asked about how much alcohol they drink increased as level of education increased and was **significantly higher** among **college graduates** (66.1%) compared to adults who did not graduate high school (49.0%) and adults whose highest level of education was high school graduation (54.6%).

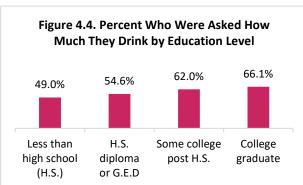
#### Annual Household Income (Figure 4.5)

• Overall, the percentage of being asked about how much alcohol they drink increased as annual household income increased and was **significantly higher** among adults who earned \$75,000 or more (72.1%) compared to adults who earned \$35,000 to \$49,999 (56.3%) or less.









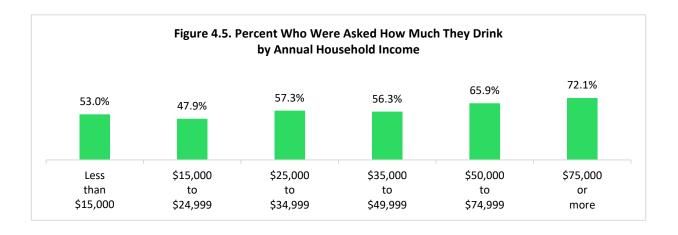


TABLE 4. Asked in person or by form how much you drink? Q: Did the health care provider ask you in person or on a form how much you drink?						
DEMOGRAPHIC	RESPO	ONDENTS	Yes			
GROUPS	TOTAL	WEIGHTED	N <sup>(1)</sup>	% <sup>(2)</sup>	C.I. (95%)	
-		· T			1	
TOTAL	3,045	1,558,673	1,766	59.0	(56.8-61.3)	
Male	1,267	709,113	756	62.5	(59.2-65.8)	
Female	1,778	849,560	1,010	56.1	(53.1-59.2)	
White, Non-Hispanic (NH)	1,732	856,297	1,020	58.1	(55.0-61.1)	
Black, Non-Hispanic (NH)	1,167	574,034	656	58.2	(54.6-61.8)	
Other Races/Ethnicities	89	95,768	59	72.6	(62.7-82.5)	
18-24 years	258	171,004	139	52.9	(45.1-60.6)	
25-34 years	359	223,270	246	68.6	(62.9-74.3)	
35-44 years	443	251,805	315	70.8	(65.6-76.1)	
45-54 years	499	228,438	326	67.1	(62.2-72.0)	
55-64 years	573	268,833	321	58.4	(52.9-63.8)	
65+ years	889	402,786	405	44.9	(40.5-49.4)	
Less than H.S.	266	208,449	122	49.0	(41.2-56.8)	
H.S. or G.E.D.	759	449,742	392	54.6	(50.4-58.9)	
Some Post-H.S.	955	552,610	558	62.0	(58.3-65.8)	
College Graduate	1,056	344,056	689	66.1	(62.5-69.8)	
Less than \$15,000	210	118,032	101	53.0	(44.0-62.0)	
\$15,000-\$24,999	346	175,290	159	47.9	(41.1-54.7)	
\$25,000-\$34,999	390	205,832	226	57.3	(51.3-63.3)	
\$35,000-\$49,999	420	221,319	242	56.3	(50.2-62.4)	
\$50,000-\$74,999	418	212,430	264	65.9	(59.6-72.2)	
\$75,000+	770	376,324	536	72.1	(68.1-76.0)	

<sup>(1)</sup> Unweighted number

<sup>(2)</sup> Weighted percent

Note: Denominator excludes respondents with do not know/refused/missing responses

# **Asked About Binge Drinking**

The ASBI Module was administered to all respondents who had a routine checkup in the past 2 years, regardless of whether they reported consuming alcohol in the past 30 days. Binge drinking was defined as 5 or more drinks on one occasion for men or 4 or more drinks on one occasion for women.

#### **Overall**

• Approximately 2 in 7 adults (29.3%) were asked whether they binge drink.

#### Sex (Figure 5.1)

• The percentage of being asked about binge drinking was **significantly higher** among **men** (33.8%) compared to women (25.7%).

#### Race/Ethnicity (Figure 5.2)

• The percentage of being asked about binge drinking was **significantly higher** among adults of **other races/ethnicities** (42.0%) **and Black, NH adults** (32.6%) compared to White, NH adults (25.5%).

#### Age (Figure 5.3)

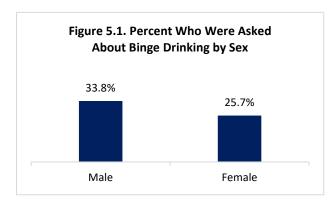
• The percentage of being asked about binge drinking was **significantly higher** among adults aged **35-44 years** (41.1%) compared to adults aged 18-24 years (26.4%), 55-64 years (27.8%), and 65+ years (19.0%).

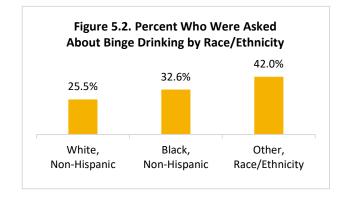
#### Educational Attainment (Figure 5.4)

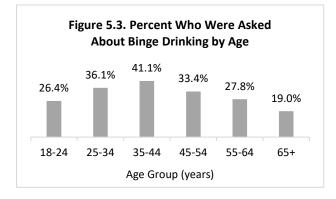
• The percentage of being asked binge drinking was **highest** among adults whose highest level of education was **high school graduation** (30.6%). However, there were **no significant differences** in percentage of being asked about binge drinking among education level groups.

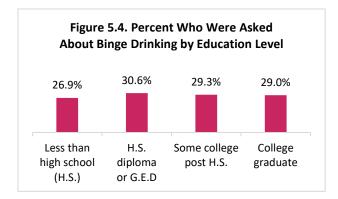
#### Annual Household Income (Figure 5.5)

• The percentage of being asked about binge drinking was **significantly higher** among adults whose annual household income was **\$75,000 or more** (35.3%) compared to adults who earned \$35,000 to \$49,999 (24.8%).









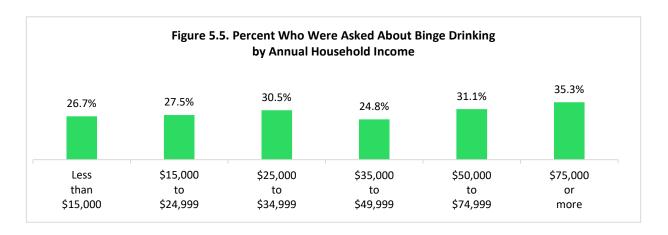


TABLE 5. Asked whether you drank 5/4 or more alcoholic drinks on an occasion? Q: Did the healthcare provider specifically ask whether you drank [5 for men /4 for women] or more alcoholic drinks on an occasion? **RESPONDENTS** Yes **DEMOGRAPHIC GROUPS** %<sup>(2)</sup> **TOTAL** WEIGHTED  $N^{(1)}$ C.I. (95%) **TOTAL** 29.3 2,787 1,436,467 767 (27.1-31.5)Male 1,162 648,008 356 33.8 (30.3-37.3)Female 1,625 788,459 411 25.7 (22.9-28.5)White, Non-Hispanic (NH) 1,571 782,884 388 25.5 (22.7-28.2)Black, Non-Hispanic (NH) 1,085 535,495 337 32.6 (29.0-36.2)Other Races/Ethnicities 87,194 42.0 81 27 (29.2-54.8)241 161,762 26.4 18-24 years 62 (19.6-33.3)25-34 years 333 208,450 113 36.1 (29.7-42.4)382 217,734 149 41.1 35-44 years (34.9-47.2)45-54 years 441 199,782 137 33.4 (28.0-38.8)247,469 145 55-64 years 527 27.8 (22.7-32.9)840 387,172 154 19.0 65+ years (15.2-22.8)Less than H.S. 255 202,838 (20.1-33.6)71 26.9 H.S. or G.E.D. 723 429,017 211 30.6 (26.5-34.6)Some Post-H.S. 873 497,311 230 29.3 (25.4-33.3)College Graduate 929 304,029 253 29.0 (25.3-32.8)Less than \$15,000 205 115,953 51 26.7 (18.7-34.7)178,200 27.5 \$15,000-\$24,999 344 83 (21.0-33.9)369 194,883 111 30.5 \$25,000-\$34,999 (24.8-36.1)384 200,790 105 24.8 (19.7-29.9)\$35,000-\$49,999 \$50,000-\$74,999 375 191,971 105 31.1 (24.6-37.5)\$75,000+ 661 323,985 203 35.3 (30.4-40.3)

<sup>(1)</sup> Unweighted number

<sup>(2)</sup> Weighted percent

Note: Denominator excludes respondents with do not know/refused/missing responses

# Offered Advice About Harmful Drinking

The ASBI Module was administered to all respondents who had a routine checkup in the past 2 years, regardless of whether they reported consuming alcohol in the past 30 days.

#### **Overall**

• Approximately 1 in 5 adults (19.1%) were offered advice about what level of drinking is harmful or risky for their health.

#### Sex (Figure 6.1)

• The percentage of being offered advice about harmful drinking was **significantly higher** among **men** (24.5%) compared to women (14.7%).

#### Race/Ethnicity (Figure 6.2)

• The percentage of being offered advice about harmful drinking was **significantly higher** among **Black**, **NH adults** (23.4%) compared to White, NH adults (15.7%). The percentage among adults of other races/ethnicities (24.8%) was not significantly different from either of the other race/ethnicity groups.

#### Age (Figure 6.3)

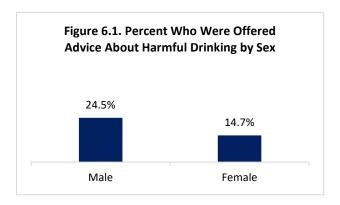
• The percentage of being offered advice about harmful drinking was **significantly lower** among adults aged **65+ years** (12.1%) compared to adults aged 45-54 years (20.9%) and younger age groups.

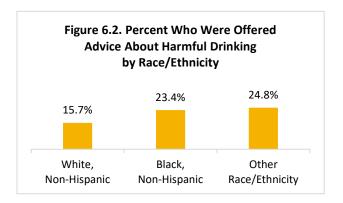
#### Educational Attainment (Figure 6.4)

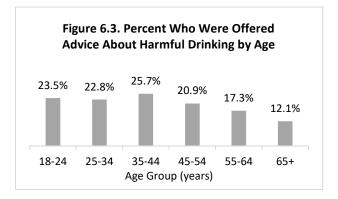
• The percentage of being offered advice about harmful drinking increased as level of education decreased and was **significantly higher** among adults who **did not graduate high school** (25.4%) compared to college graduates (15.5%).

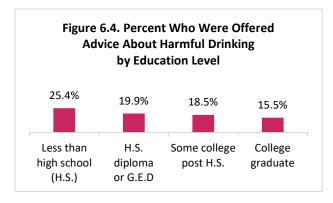
#### Annual Household Income (Figure 6.5)

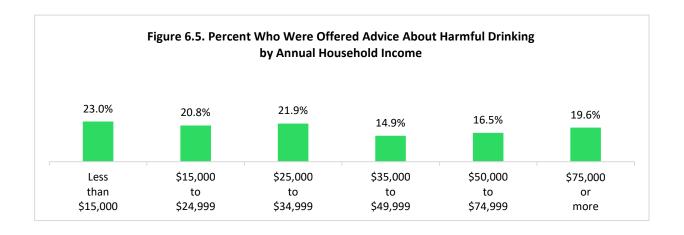
• The percentage of being offered advice about harmful drinking was **highest** among adults whose annual household income was **less than \$15,000** (23.0%). However, there were **no statistically significant differences** in percentage among annual household income groups.











1,610,664  725,182 885,482  894,596 588,784 94,124  177,019 229,255 252,557 236,686 278,316 418,842	N(1) 572 298 274 272 270 20 67 83 111 95 110	%(2) 19.1 24.5 14.7 15.7 23.4 24.8 23.5 22.8 25.7 20.9	(21.4-27. (12.7-16. (13.6-17. (20.3-26. (14.3-35. (17.5-29. (17.5-28. (20.6-30.
725,182 885,482 894,596 588,784 94,124 177,019 229,255 252,557 236,686 278,316	298 274 272 270 20 67 83 111 95	24.5 14.7 15.7 23.4 24.8 23.5 22.8 25.7 20.9	(12.7-16. (13.6-17. (20.3-26. (14.3-35. (17.5-29. (17.5-28. (20.6-30.
885,482 894,596 588,784 94,124 177,019 229,255 252,557 236,686 278,316	274 272 270 20 67 83 111 95	14.7 15.7 23.4 24.8 23.5 22.8 25.7 20.9	(21.4-27. (12.7-16. (13.6-17. (20.3-26. (14.3-35. (17.5-29. (17.5-28. (20.6-30. (16.4-25.
894,596 588,784 94,124 177,019 229,255 252,557 236,686 278,316	272 270 20 67 83 111 95	15.7 23.4 24.8 23.5 22.8 25.7 20.9	(13.6-17. (20.3-26. (14.3-35. (17.5-29. (17.5-28. (20.6-30.
588,784 94,124 177,019 229,255 252,557 236,686 278,316	270 20 67 83 111 95	23.4 24.8 23.5 22.8 25.7 20.9	(20.3-26. (14.3-35. (17.5-29. (17.5-28. (20.6-30.
94,124 177,019 229,255 252,557 236,686 278,316	20 67 83 111 95	24.8 23.5 22.8 25.7 20.9	(14.3-35 (17.5-29 (17.5-28 (20.6-30
177,019 229,255 252,557 236,686 278,316	67 83 111 95	23.5 22.8 25.7 20.9	(17.5-29 (17.5-28 (20.6-30
229,255 252,557 236,686 278,316	83 111 95	22.8 25.7 20.9	(17.5-28 (20.6-30
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236,686 278,316	95	20.9	<del></del>
278,316			(16.4-25
·	110		
418.842		17.3	(13.4-21
,	104	12.1	(9.0-15.
215,870	73	25.4	(19.0-31
469,786	162	19.9	(16.6-23
566,649	174	18.5	(15.3-21.
354,544	162	15.5	(12.7-18
120,180	45	23.0	(15.4-30.
188,539	70	20.8	(15.1-26
209,995	94	21.9	(17.1-26.
228,556	71	14.9	(11.0-18.
216,051	66	16.5	(11.7-21.
	354,544 120,180 188,539 209,995 228,556 216,051	354,544 162 120,180 45 188,539 70 209,995 94 228,556 71 216,051 66	354,544     162     15.5       120,180     45     23.0       188,539     70     20.8       209,995     94     21.9       228,556     71     14.9

<sup>(1)</sup> Unweighted number

<sup>(2)</sup> Weighted percent

Note: Denominator excludes respondents with do not know/refused/missing responses

# **Advised to Reduce or Quit Drinking**

The ASBI Module was administered to all respondents who had a routine checkup in the past 2 years, regardless of whether they reported consuming alcohol in the past 30 days. The question about being advised to reduce or quit drinking was only asked of respondents who reported that they had been asked (1) if they drink alcohol, (2) how much alcohol they drink, or (3) whether they binge drink.

#### **Overall**

• Approximately 1 in 11 adults (9.0%) were advised to reduce or quit drinking during their most recent checkup.

#### Sex (Figure 7.1)

• The percentage of being advised to reduce or quit drinking was **significantly higher** among **men** (12.3%) compared to women (6.0%).

#### Race/Ethnicity (Figure 7.2)

• The percentage of being advised to reduce or quit drinking was **significantly higher** among **Black, NH adults** (13.9%) compared to White, NH adults (5.5%). (Note: The percentage for adults of other races/ethnicities was suppressed due to low response.)

#### Age (Figure 7.3)

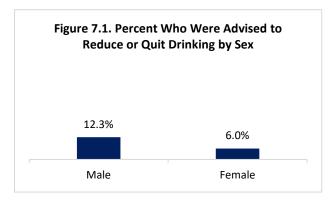
• The percentage of being advised to reduce or quit drinking was **highest** among adults aged **18-24 years** (12.0%). However, there were **no statistically significant differences** in percentage among age groups.

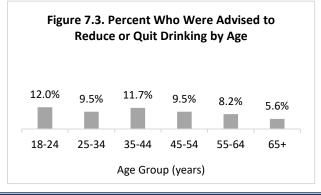
#### **Educational Attainment (Figure 7.4)**

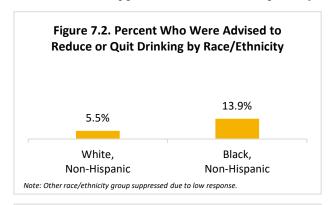
• The percentage of being advised to reduce or quit drinking increased as level of education decreased and was **significantly higher** among adults who **did not graduate high school** (20.9%) compared to adults of all higher education levels.

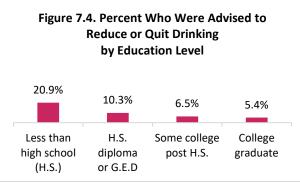
#### Annual Household Income (Figure 7.5)

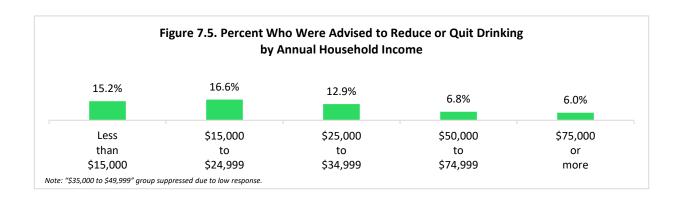
• Overall, the percentage of being advised to reduce or quit drinking increased as annual household income decreased and was **significantly higher** among adults whose annual household income was **\$15,000 to \$24,999** (16.6%) compared to adults who earned \$75,000 or more (6.0%). (Note: The percentage for adults whose annual household income was \$35,000 to \$49,999 was suppressed due to low response.)











	DECE	ONDENTS		V	
DEMOGRAPHIC GROUPS		ONDENTS	(4)	Yes	1
GROUPS	TOTAL	WEIGHTED	N <sup>(1)</sup>	% <sup>(2)</sup>	C.I. (95%
TOTAL	2,228	1,153,390	175	9.0	(7.4-10.0
Male	946	547,184	102	12.3	(9.5-15.
Female	1,282	606,206	73	6.0	(4.3-7.8
White, Non-Hispanic (NH)	1,273	627,104	71	5.5	(4.0-7.0
Black, Non-Hispanic (NH)	845	419,509	91	13.9	(10.5-17
Other Races/Ethnicities	70	82,720	9	-	-
18-24 years	191	119,862	24	12.0	(6.8-17.
25-34 years	296	185,375	23	9.5	(5.0-14.
35-44 years	366	208,148	37	11.7	(7.3-16.
45-54 years	389	180,626	33	9.5	(5.6-13.
55-64 years	427	200,136	30	8.2	(4.3-12.
65+ years	542	246,916	28	5.6	(3.1-8.0
Less than H.S.	169	137,821	36	20.9	(13.5-28
H.S. or G.E.D.	528	316,064	50	10.3	(7.1-13.
Some Post-H.S.	706	425,625	46	6.5	(4.2-8.8
College Graduate	819	271,695	43	5.4	(3.2-7.6
Less than \$15,000	137	79,986	19	15.2	(7.8-22.
\$15,000-\$24,999	234	123,356	28	16.6	(9.4-23.
\$25,000-\$34,999	274	142,369	31	12.9	(7.8-18.
\$35,000-\$49,999	303	153,729	16	-	-
\$50,000-\$74,999	320	168,644	19	6.8	(2.9-10.7
\$75,000+	635	319,690	35	6.0	(3.4-8.6

<sup>(1)</sup> Unweighted number

Note: Denominator excludes respondents with do not know/refused/missing responses

Estimates with an unweighted denominator <50 or a relative standard error (RSE) > 30% are suppressed (indicated by dashes).

<sup>(2)</sup> Weighted percent

# **ASBI Administration Among Current Binge Drinkers**

#### Asked Whether They Drink Alcohol (Figure 8.1)

• The percentage of being asked about alcohol consumption was **significantly higher** among **current binge drinkers** (81.4%) compared to non-binge drinkers (69.5%).

#### Asked How Much Alcohol They Drink (Figure 8.2)

• The percentage of being asked about how much alcohol they drink was **significantly higher** among **current binge drinkers** (74.1%) compared to non-binge drinkers (57.3%).

#### Asked About Binge Drinking (Figure 8.3)

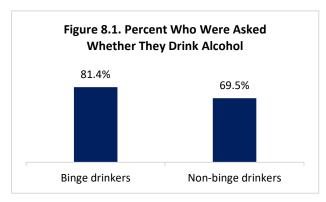
• The percentage of being asked about binge drinking was **significantly higher** among **current binge drinkers** (43.3%) compared to non-binge drinkers (27.4%).

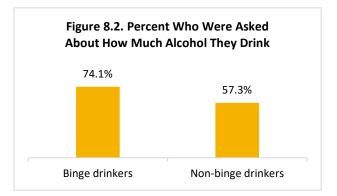
#### Offered Advice About Harmful Drinking (Figure 8.4)

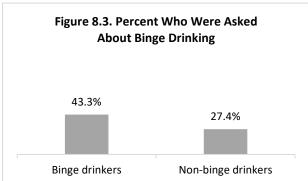
• The percentage of being offered advice about harmful drinking was **significantly higher** among **current binge drinkers** (36.3%) compared to non-binge drinkers (16.7%).

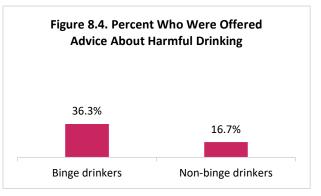
#### Advised to Reduce or Quit Drinking (Figure 8.5)

• The percentage of being advised to reduce or quit drinking was **significantly higher** among **current binge drinkers** (22.8%) compared to non-binge drinkers (6.8%).









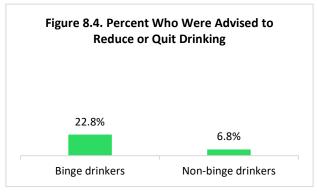


TABLE 8. ASBI Administration Among Binge Drinkers								
	RESPONDENTS		RESPONDENTS  Binge drinkers who reported being asked			Non-binge drinkers who reported being asked		
	TOTAL	WEIGHTED	N <sup>(1)</sup>	% <sup>(2)</sup>	C.I. (95%)	N <sup>(1)</sup>	% <sup>(2)</sup>	C.I. (95%)
Asked Whether They Drink Alcohol	2,934	1,508,451	269	81.4	76.4-86.5	1,806	69.5	67.2-71.8
Asked How Much Alcohol They Drink	2,944	1,509,116	241	74.1	68.4-79.9	1,472	57.3	54.8-59.7
Asked About Binge Drinking	2,697	1,392,530	123	43.3	36.3-50.3	617	27.4	25.1-29.8
Offered Advice About Harmful Drinking	3,037	1,558,906	115	36.3	29.9-42.7	430	16.7	14.8-18.5
Advised to Reduce or Quit Drinking	2,159	1,117,863	59	22.8	16.6-29.0	108	6.8	5.2-8.3

<sup>(1)</sup> Unweighted number
(2) Weighted percent
Note: Denominator excludes respondents with do not know/refused/missing responses