

Mississippi State Department of Health

The Office of Health Equity

Information on Submission of Request for Proposals (RFP)

BE IN GOOD HEALTH 2.0: IMPLEMENTING FAITH-BASED PREVENTIVE HEALTH INITIATIVES

ABOUT US

The Office of Health Equity (hereinafter referred to as “Office”) serves as the official health equity arm of The Mississippi State Department of Health (MSDH). The Office is focused on creating conditions that assure optimal health for all people.

This includes specific interests in working to reduce persistent health disparities found throughout Mississippi.



WHAT ARE SDOH OF HEALTH

The MSDH and Office of Health Equity are committed to eliminating health inequities. This office realizes that minority communities do not have the same opportunities as other groups to achieve and sustain optimal health. We believe that faith-based organizations can play an integral role in helping to eliminate health disparities in the community as churches are a longstanding source of strength and support, making them uniquely positioned to encourage and distribute health information that promotes healing and health as a mission to its members and the community it serves.

The office is soliciting proposals from churches to enhance and/or develop and strengthen health ministries to improve the management and prevention of chronic disease.

OBJECTIVES & GOALS

The **objective** of this RFP is to provide capacity building that will improve the health status of the church and strengthen community and congregational well-being through informed health promotion programming.

Specifically, our **goal** is to expand the capacity of churches with health ministries to enhance and increase knowledge as it pertains to preventive health and addressing the needs of congregates and the broader community. The overall aim is to promote community health through capacity building and strategic partnerships.

Additionally, the Be In Good Health 2.0 grant opportunity will implement evidence-based lifestyle change programs that are responsive to congregation members' health needs. Prioritizing cultural responsiveness to help empower communities to engage in healthy behaviors, while also enhancing capacity and sustainability for creating a culture of health and wellness.

The Office is committed to increasing health equity by working with external partners to identify health disparities and to seek innovative solutions to address them.

Mississippi State Department of Health

The Office of Health Equity

DESCRIPTION OF SERVICES REQUESTED

The specific interest of the Office of Health Equity is to build/incorporate health ministries within churches and/or expand existing health ministries. The Office welcomes grant requests to support churches in their efforts to meet the basic health needs of and provide valuable resources for the congregation. See **two MANDATORY** activities that are required to implement during the project period.

MANDATORY

1. Host a **Motivated to Live a Better Life** workshop focused on the management or prevention of chronic disease and injury (i.e., **Chronic Disease or Diabetes Self-Management, Cancer Thriving & Surviving, Building Better Caregivers, or Matter of Balance**) in collaboration with the MSDH Office of Preventive Health.
2. Host two health fairs that are to include health screenings (**Blood Pressure, Glucose and BMI**), COVID vaccinations, other recommended vaccinations (i.e. **Influenzas, Pneumococcal, Shingrix, MPOX, and RSV vaccines**) and HIV/STD testing.

In addition, please select a minimum of two projects from the following areas of focus. The office seeks projects demonstrating desires to:

- Host monthly health awareness workshops on various topics such as chronic and infectious diseases, health literacy, healthy eating, mental health, physical activity etc.
- Implement exercise classes (**Walking and Cycling Clubs, Line Dancing and/or Aerobics Classes**).
- Develop and implement a healthy food policy (template will be provided upon request).
- Implement or expand food distribution/food bank and/or clothes closet.
- Host healthy cooking demonstration classes.
- Start a church garden or have a representative teach gardening techniques to disseminate produce to socially and economically vulnerable groups.
- Enhance reliable access and resources to local health care providers, pharmacies, social services, etc.
- CPR-AED Training
- Expand a transportation ministry for health-related activities (**If applicable**)
- Other _____

DELIVERABLES: Churches will engage in the following:

1. Quarterly Reports will be **required**, and benchmarks will be set.
2. Receipts, sign-in sheets, and agendas are **required**.
3. *Be in Good Health* grantees are **required** to attend:
 - 1-hour virtual orientation kick-off meeting
 - Quarterly peer learning sessions with the entire cohort of churches to discuss challenges as well as successes and opportunities to implement activities in different community contexts.
 - 1-hour Grantee Closeout/Recap session

Mississippi State Department of Health

The Office of Health Equity

FUNDING

The Office of Health Equity will award church mini grants between \$7,000 and \$15,000 to establish, enhance, or support a congregational health ministry within the church. The **22-month project timeline cycle** will extend from **July 1, 2024, to April 30, 2026.**

1. Proposal Content

a. Cover Sheet

b. Name of Pastor _____ Address _____

c. Contact name _____ Phone _____ Email _____

d. Project title _____

2. Project Narrative (Make sure your narrative includes the following - 2-3 page maximum):

a. Project Overview (Provide a description of the project and its purpose)

b. Project Goal (What are the expected outcomes?)

**Please note Project Evaluation specifics will be addressed during the technical assistance call.*

3. Health Ministry Coordinator _____

a. Include the role of the individual in the church who will lead the efforts and establish the responsibilities of this initiative.

Mississippi State Department of Health

The Office of Health Equity

4. Budget

Please provide a detailed budget below. No personnel can be paid under this mini grant; however, a stipend is allowed for the individual leading these efforts. The budget for cost is reimbursement only.

Mississippi State Department of Health

The Office of Health Equity

Contact Information

The Office of Health Equity

713 S Pear Orchard, Plaza II, Suite 104

Ridgeland, MS 39157

Phone: (601) 206-1050

Email: Health.EquityOffice@msdh.ms.gov

Website: <https://msdh.ms.gov>

Submission Details and Award Timeline

1. Request for Proposals (RFP) released **Monday, June 10, 2024**.
2. Health Equity RFP Technical Assistance call, **Thursday, June 13, 2024, at 3 PM CDT**.
 - <https://itsmsgov.zoom.us/meeting/register/tZcud--hqjooG9EqIIGh6DIWX4UFTUV9OOV5>
3. Proposals are due by **5:00 PM CDT on Monday, June 24, 2024**.
4. **Email the proposal to Health.EquityOffice@msdh.ms.gov and indicate in the subject line: Be in Good Health 2.0 - RFP (Name of Church) and request a **Delivery Receipt**.**
5. Notice of Selection Status by email on (or about) **Monday, July 1, 2024**.
6. Project Period: **July 1, 2024 to April 30, 2026**.