



Executive Summary

2017 Mississippi Behavioral Risk Factor Surveillance System

Note: All percentages are rounded to the nearest whole number.

Alcohol Consumption

- 13% report that they are at risk from binge drinking
- 5% report that they are at risk from chronic drinking

Arthritis

- 30% report that they have been diagnosed with arthritis

Asthma

- 13% report that they have ever had asthma
- 8% report that they currently have asthma

Body weight and weight control

- 70% report that they are overweight (BMI ≥ 25)
- 38% report that they are obese (BMI ≥ 30)
- 28% report that they have a healthy weight

Cancer

- 6% report that they have been diagnosed with skin cancer
- 7% report that they have been diagnosed with some other type of cancer

Cardiovascular Disease

- 6% report they had been told that they have had a myocardial infarction
- 6% report they had been told that they have coronary artery disease
- 5% report they had been told that they have had a stroke

Cholesterol awareness

- 33% report they have been told their cholesterol was high
- 85% report that they have had their cholesterol checked within the past five years

Chronic Obstructive Pulmonary Disease (COPD)

- 8% report that they have been diagnosed with COPD

Cigarette smoking

- 22% report that they are current cigarette smokers
- 23% report that they have ever smoked an e-cigarette

Depression

- 21% report that they have ever been diagnosed with depression

Diabetes

- 14% report that they have been diagnosed with diabetes

Disability

- 35% report that they have some type of disability

Health status

- 26% report that their general health is fair or poor
- 43% report that their general health is very good or excellent

Healthy days

- 20% report seven or more days of poor physical health during the past month
- 20% report seven or more days of poor mental health during the past month

Health care coverage

- 17% report that they have no kind of health care coverage
- 18% report that they could not see a doctor in the past twelve months because of cost

HIV/AIDS (Age 18-64)

- 61% report that they have never been tested for HIV other than through a blood donation

Hypertension awareness

- 41% report that they have been told they have high blood pressure by a health care professional
- 82% report they are taking medication for high blood pressure

Immunization

- 35% report that they have had a flu vaccination in the past twelve months
- 37% report that they have ever had a pneumonia vaccination

Kidney Disease

- 3% report that they have been diagnosed with kidney disease

Physical activity and exercise

- 56% report that they are not sufficiently active
- 33 % report that they had no exercise in the past 30 days

Seat Belt Usage

- 92% report that they always or nearly always wear seat belts when riding in a vehicle