

EMERGENCY KIT

Having these items on hand will be helpful for any emergency:

- Non-perishable food and water:** bottled water, canned goods, manual can opener
- Prescription medications**
- Contact information:** family members, doctor, pharmacy, police and fire departments, school
- Medical information:** allergies, serious conditions, current medications
- First-aid kit:** antiseptic, gloves, bandages, non-prescription medicine
- Radio:** battery-powered with extra batteries
- Flashlight:** extra batteries
- Extra clothes:** footwear, eyeglasses
- Personal hygiene items:** soap, toilet paper, toothbrush and toothpaste

Pandemic Influenza Awareness
PLAN | PREPARE | PROTECT

MISSISSIPPI

Sponsored by

*The Office of the Governor
Mississippi Office of Homeland Security
Mississippi Department of Public Safety
Mississippi Emergency Management Agency
Mississippi National Guard
Mississippi Department of Health*

For more information, visit

WWW.PANDEMICFLU.MS.GOV

This publication was supported by Grant/Cooperative Agreement Number U90/CCU416986 from CDC. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.

5167

Pandemic Influenza:

WHAT IS IT?

A virus, different from seasonal flu, which people have not been exposed to. This virus would spread easily from person to person and cause serious illness around the world.

Pandemic Flu Preparation:

WHAT CAN CHILD CARE PROVIDERS DO?

- Teach** children the importance of hand washing and how to wash their hands properly.
- Stay** home from work if you are sick.
- Watch** child closely for symptoms of respiratory illness. Contact parent(s) and doctor if the child is sick.
- Do NOT** give aspirin to children with flu-like symptoms.
- Talk** with parents about child care options in case you cannot provide care.
- Tell** parents to let you know if their child is sick.
- Have** a plan for keeping in touch with families and coworkers.
- Give** families and coworkers accurate, reliable, and up-to-date information.
- Provide** hand soap and antibacterial gel, tissue, and trash cans in all rooms.

