



Tips for Living with Lead in Your Home – HOW TO CLEAN

- Do not dust your home with a dry duster (feather type duster).
- Wear rubber, latex or nitrile gloves while house cleaning.
- Do not vacuum floors; use a Swiffer type floor cleaner (Swiffer, WetJet mop or Swiffer Sweeper with wet cloths) often.
- Add TSP (Trisodium Phosphate) or an all-purpose cleaner or detergent to the cleaning water and use a disposable cleaning cloth on areas of known lead paint. TSP is available at most paint stores.
- Wet clean frequently on and around all window sashes, frames, sills, troughs and floor areas around windows. Use cleaning wipes or cleaning solution with disposable rags or paper towel to clean window components and floor areas near windows and entryways. Wipe these surfaces again using rinse water and a new, clean rag or paper towel. You could also cover windowsills with contact paper to create a barrier.
- If you have plastic miniblinds manufactured before 2000, replace them ASAP. They used lead as stabilizer in the plastic that is released as a dust that is toxic.
- Remove your shoes before entering your home or use washable doormats to remove dust from shoes both inside and outside at entryways.
- Wash toys and stuffed animals, and regularly clean play areas.
- Wash your hands and your kids' hands often, especially before they eat or sleep.
- If possible, clean HVAC ducts and replace A/C/furnace filters with high quality filters regularly.
- Do not shake or beat out rugs and carpets; use a steam cleaner every six months.

