INPATIENT REHABILITATION FACILITY (IRF)

Acute rehabilitation patients:
- require 2 or more therapies (PT/OT/SLP)
- have capacity for functional improvement
- have potential to participate in 3 hours of therapy at least 5 days per week
- are medically stable but require 24-hr medical/Rehab Nurse monitoring
- all therapy disciplines available (PT, OT, SLP, BehMed)
- physicians are usually Physiatrists (specialists in Physical Medicine & Rehabilitation), Neurologists or Internists

LONG TERM ACUTE CARE (LTAC)

- patients with acute medical or functional impairments or trauma (pulmonary /ventilator, medically complex, woundcare, neuro)
- for longer term medical/surgical cases that are acutely ill and cannot participate in a more intense level of rehabilitation
- therapy services available (PT/OT/SLP)
- any physician specialty may admit patients
- average length of stay > 25 days

TRANSITIONAL CARE UNITS (TCU) OR SKILLED NURSING FACILITY (SNF)

- patients are medically stable and require skilled or less intense rehabilitation
- physician management available—but not onsite daily
- therapy services available (PT, OT, SLP)
- up to 5 days per week
- 3 day acute care hospital stay required for Medicare reimbursement
- physicians are typically Internal Medicine or Family Medicine

HOME HEALTH

- patient is homebound except for physician appointments or church
- services available (not necessarily daily): nursing, PT, OT, SLP, home health aides, social worker
- any physician may initiate a referral

OUTPATIENT THERAPIES (PT, OT, SLP, BEHAVIORAL MEDICINE)

- for patients able to leave their homes
- therapies are typically 1-3 times per week
- any physician may initiate a referral

POST ACRE LEVELS

Screening Tool for Rehabilitation Services

Physician or Physical Medicine & Rehabilitation

PT/OT/SLP

Patient may initiate a referral if
- any of these is a decline in:
  - upper extremity strength, sensation
  - endurance
  - ADLs (feeding, grooming, dressing)
  - functional transfers (tub, toilet)
  - home management skills (cooking, laundry, shopping)

Speech Language Pathologist (SLP)

Patient may initiate a referral if
- any of these is a decline in:
  - communication
  - verbal or written expression
  - verbal or written comprehension
  - speech intelligibility (dysarthria)
  - vocal quality (dysphonia)
  - memory, thinking skills, or other cognitive abilities

Psychological Evaluation, Neuropsychological Evaluation

Patient may initiate a referral if
- any of these is a decline in:
  - depression (major, minor)
  - mood (depression, anxiety, etc.)
  - cognitive (memory, judgment, reasoning)
  - problem solving

Learn and Live

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Post Acute Levels

TENNESSEE STROKE SYSTEMS OF CARE TASK FORCE

DELTA STATES STROKE CONSORTIUM

REHABILITATION TASK FORCE

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