



SPOT the SIGNS of STROKE

If there were trouble ahead, you'd heed the warnings.

So never ignore the warning signs of a stroke.

Stroke is the fourth leading cause of death in Mississippi,
but it doesn't have to be. If you see someone who is experiencing:

Numbness or weakness of the face, arm, or leg, especially on one side

Difficulty speaking, understanding speech, confusion

Trouble seeing in one or both eyes

Dizziness, loss of balance or coordination

Severe headache

CALL - 911

Mississippi State Department of Health

For more information:

call 1-866-HLTHY4U

1-866-458-4948 or

visit www.HealthyMS.com