

# **Mississippi Task Force on Heart Disease and Stroke Prevention**

Mississippi State Department of Health

Osborne Building

Conference Room, O-203

Friday, October 5, 2012

## **Minutes**

**Attendees:** Clay Hays, (Co-Chair), Sharon Wyatt, (Co-Chair), Augusta Bilbro, LaTonya Lott, Xavier Johnson, Patricia Freeman, Anthony Fox, Jason Brown, Pam Hargett, Evelyn Walker, Cris Brown, Norman Miller, Katherine Bryant, Vanessa Short, Estelle Watts, Vickie Tucker, Cassandra Dove, Lei Zhang, Wendy Barrilleaux, Del Howard, Debbie Minor, Michelle Schweinfurth, Jan Starling, Sai Kurmana, David Neal Kiihnl, Dorothy Young, Candice Green, Dietrich Taylor, Akshay Bangale, Kevin Chleb, Mary Helen Connor, Cynthia Smith, Jacqueline McCoy, Nikki Johnson, Chigozie Udemgba

### **Mississippi Hypertension Specialist Initiative**

Augusta Bilbro, Heart Disease and Stroke Prevention Program (HDSPP), Director provided an update on the Mississippi Hypertension Specialist Initiative (MHSI). MHSI's major intent is to control hypertension, increase the number of hypertension specialist in the state of MS and to increase the number of physicians in the national registry. Twenty-two physicians attended the review session twelve submitted application to take the exam, seven sat for the exam and three passed. Two physicians are located in central MS and one in North MS. North MS press published a story on Dr. John Cox about being one of the few hypertension specialists in North, MS. Four physicians who signed Business Associate Agreement (BAA)–Outpatient Quality Improvement Network (O'QUIN) agreed to have their data extracted and to receive quarterly reports. HDSPP also submitted an abstract entitled "Description of the Mississippi Hypertension Specialist Initiative" to the American Public Health Association (APHA) the abstract was accepted. LaTonya Lott presented at the APHA conference.

### **Legislative Updates**

Katherine Bryant, American Heart Association (AHA), Government Relations Director gave legislation updates and a power point presentation on CPR curriculum requirements. Mississippi Department of Education (MDE) is currently updating their health education curriculum and will be adding CPR to the curriculum. Teaching CPR to middle and high school students will add more trained rescuers to the American population every few years. Today's students could be tomorrow's life savers. This could potentially save thousands of lives every year. For 2012, AHA's goal is to decrease heart disease related deaths by 20% and increase Americans health by 20%. AHA are currently seeking more Smoke-free MS Ambassadors. HDSPP will email the form to task members.

### **Mississippi Healthcare Alliance**

Patricia Freeman, Regional Coordinator provided the task force members with updates for the Mississippi Health Care Alliance (MHCA). The MHCA has 19 hospitals throughout the state of Mississippi that can perform stents for heart attack patients. During the last MCHA meeting officers were elected. Dr. Norman Miller will oversee two committees for MSDH, the STEMI Advisory Committee and STEMI PI Committee. Also, MHCA is coordinating a STEMI plan for smaller hospitals and EMS in order to get patients to the appropriate hospital. MHCA is currently working on stroke protocols that hopefully will be approved by February 2013. Wendy Barrilleaux will host a data

collector's luncheon at St. Dominic Hospital, October 12, 2012 at 11:00 a.m. – 1:00 p.m. All persons interest in data collection is encourage to attend. Anyone interested in becoming a member of MHCA they can email Patricia Freeman at [pfreeman@umc.edu](mailto:pfreeman@umc.edu).

### **Tobacco Control**

Vicki Tucker with the Office of Tobacco Control (OTC) is working with primary healthcare providers on tobacco cessation activities. Presently, they are working with Medicaid for approval of reimbursement codes, preparing to be a part of a pediatric clinic study, and working with partner organizations to eventually change infrastructure once reimbursements codes are approved. The Mississippi Academy of Family Physicians Foundation, Mississippi Primary Health Care Association, Mississippi Rural Health Association, Mississippi Nurses Foundation and the Mississippi Chapter of American Pediatrics are partners and clinics that assisted with Tobacco-Free Mississippi projects. OTC provides two smoking cessation program for residents in Mississippi. The Mississippi Tobacco Quitline provides telephone-based treatment to Mississippi residents interested in quitting. Nicotine Replacement Therapy (NRT), combined with counseling, is available to eligible participants, at no cost. The ACT Center for Tobacco Treatment, Education and Research provides intensive, group counseling sessions to Mississippi residents interested in quitting. Nicotine Replacement Therapy (NRT) and medications are available, at no cost, to eligible participants. The main ACT Center site is located in Jackson, Mississippi, and there are satellite treatment clinics throughout the state. For more information, call 601-815-1180 or visit [www.act2quit.com](http://www.act2quit.com).

### **Heart of Mississippi Trails**

Dr. Hays reported on the Heart of Mississippi Trails focusing on exercising in the metro area. Politicians such as Mayor Gary Rhodes of Flowood, MS and Mayor Gene Magee of Ridgeland, MS support increasing physical activity in their areas. Currently, they are trying to connect bike trail systems throughout the city. Last year Dick Hall with the Department of Transportation was willing to fund this initiative at an 80/20 match. The Chamber of Commerce and the Greater Jackson Partnership have this on as a priority to raise funds. Also, they are the leading force in pushing forward the creation of the city of Jackson's first multi-purpose biking and walking trail. The Museum to Market Trail is currently an abandoned railroad line which runs from the Downtown Farmer's Market to the Museums on Lakeland Drive (Agricultural, Children's, Nature Science & Sports Museums). When finished, this trail will allow citizens to ride their bicycles or walk/run through Belhaven & Belhaven Heights all the way to the downtown Farmer's Market & Fairgrounds. There will also be a Health and Wellness Summit in October 2013 at the convention center. During the summit they hope to establish a clearinghouse to learn how to promote statewide physical activity.

### **Task Force Initiatives**

On Friday, December 7, 2012 at 12:00 p.m. the task force will start the planning phase to update the state plan. There will be more focus on secondary prevention and involving legislators.

### **Announcements**

The 2012 Stroke Symposium sponsored by University Comprehensive Stroke Center will be Friday, November 9, 2012 at Table 100 Conference Center, Flowood, MS.