### 2021

### **MS PRAMS Surveillance Report Brief**

#### Acknowledgments

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#### Sources for more information:

CDC PRAMS provides more information about PRAMS on its website, http://www.cdc.gov/prams

#### Introduction

The Pregnancy Risk Assessment Monitoring System (PRAMS) project is led by the Centers for Disease Control and Prevention (CDC) in collaboration with state health departments. The goal of this project is to improve the health outcomes of mothers and infants. State-specific findings describe maternal experiences and behaviors during the time before pregnancy through the months just after delivery. Reports are used to plan and evaluate health programs to inform policymakers and the general public.

The Title V Maternal and Child Health Block Grant is a Federal-State partnership program geared towards improving the health of mothers and children, including children and youth with special health needs. MS PRAMS addresses several Title V Maternal and Child Health priorities, including: decreasing infant mortality, increasing access to health care/medical homes for children and youth with special health needs, increasing access to comprehensive health care for children, reducing teen pregnancy and teen birth rate, increasing health insurance coverage, reducing low birth weight and premature birth, and increasing access to prenatal care.

All responses in this report were given by women with a recently reported birth. Survey methods are explained in the appendix, including guidelines for interpreting the report. The topics in this brief surveillance report are covered in several sections:

- 1. Alcohol, tobacco and substance use
- 2. Infant morbidity and mortality
- 3. Prenatal care and postpartum visits and content
- 4. Preconception behaviors
- 5. Sexually transmitted infections/HIV
- 6. Birth control
- 7. Violence
- 8. Infant feeding
- 9. Infant sleep, maternal morbidity and pregnancy and delivery history
- 10. Depression and anxiety
- 11. Delivery types and reasons
- 12. Healthcare coverage and household income
- 13. Immunizations

#### Interpretation of text and tables

The PRAMS survey requires special weighted calculations to account for the survey design and to allow presentation of population level estimates for all Mississippi resident women with an in-state live birth in 2021 (not just the respondents). "Percent of women" refers to Mississippi residents with an in-state live birth minus those women who adopt infants and other exclusions. This does not include mothers who are excluded according to CDC protocol guidelines: out of state births to residents, in state births to nonresidents, infants whose birth certificates lack the mother's last name, birth certificates that are processed too late after the birth occurred (more than six months afterwards), multiple gestation infants, adopted infants, and surrogate births. Because of the survey design, we report a margin of error, the 95% confidence interval (CI). Categories of maternal characteristics that have non-overlapping 95% Cis are statistically significantly different from each other. This test of significance can be used to describe findings for each PRAMS questionnaire item. Sample sizes for some subpopulations were too small for precise estimates. Responses with relative standard error (RSE) above 30% are suppressed. In the tables of this report, results replaced with a dash (-) indicate an RSE greater than 30%.

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#### **Before Pregnancy**

#### 1. How tall are you without shoes?

#### 2. Just before you got pregnant with your new baby, how much did you weigh?

Height and weight were used to calculate Body Mass Index (BMI) before pregnancy.

Women's Body Mass Index before pregnancy

	Percent 95% CI		CI	
		Lower	Upper	
Underweight, BMI <18.5	2.0	1.0	3.0	
Normal weight, BMI 18.5 - 24.9	34.5	31.0	39.0	
Overweight, BMI 25.0-29.9	25.7	22.1	29.4	
Obese, BMI 30.0+	37.3	33.3	41.3	

#### 3. What is <u>your</u> date of birth?

Date of birth was used to calculate the woman's age at the time of birth. Women of similar ages were grouped into common age groups used for women of reproductive age.

Women's age group (years)

	Percent	95% CI	
		Lower	Upper
19 and younger	7.9	5.7	10.1
20-24	26.3	22.6	29.9
25-29	32.4	28.6	36.3
30-34	23.5	20.1	27.0
35 and older	9.9	7.5	12.9

### 4. *Before* you got pregnant with your new baby, did you ever have any other babies who were born alive? (*Note: Women who said "No" skipped to Question 7.*)

Previous live birth

	Percent	95%	O CI
		Lower	Upper
Women who had previous live birth	58.5	54.4	62.5

#### Number of previous live births

	Percent	95% CI	
		Lower	Upper
0	40.5	36.4	44.5
1	28.3	24.6	32.0
2	20.4	17.1	23.7
3	9.8	7.5	12.2
4	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### 5. Did the baby born *just before* your new one weigh 5 pounds, 8 ounces (2.5 kilos) or *less* at birth?

	Percent	95%	o CI
		Lower	Upper
Women who had a previous low birthweight birth ( $\leq 2.5$ kilos)	17.7	13.8	21.6

### 6. Was the baby *just before* your new one born *earlier* than 3 weeks before his or her due date?

Previous preterm birth			
	Percent	95% CI	
	_	Lower	Upper
Women who had a previous preterm birth (<37 weeks gestation)	18.6	14.6	22.6

### 7. At any time during the *12 months before* you got pregnant with your new baby, did you do any of the following things?

		Percent	95% CI	
			Lower	Upper
a.	I was dieting (changing my eating habits) to lose weight	27.2	23.5	30.9
b.	I was exercising 3 or more days of the week for fitness outside my regular job	34.0	30.1	37.9
c.	I was regularly taking prescription medicines other than birth control	22.5	19.1	25.9
d.	A health care worker checked me for diabetes	23.4	20.0	26.9
e.	I talked to a health care worker about my family medical history	37.2	33.3	41.2

Women's behaviors during the 12 months before pregnancy

#### 8. During the *3 months before* you got pregnant with your *new* baby, did you have any of the following health conditions?

Women's health conditions during the 3 months before pregnancy

		Percent	95%	6 CI
			Lower	Upper
a.	Type 1 or Type 2 diabetes ( <u>not</u> gestational diabetes or diabetes that starts during pregnancy)	4.1	2.5	5.8
b.	High blood pressure or hypertension	10.2	7.9	12.6
c.	Depression	19.0	15.8	22.3
d.	Asthma	8.7	6.4	10.9
e.	Anemia (poor blood, low iron)	21.6	18.2	24.9
f.	Heart problems	2.1	0.9	3.2
g.	Epilepsy (seizures)	2.1	1.0	3.2
h.	Thyroid problems	4.6	2.8	6.3
i.	PCOS (polycystic ovarian syndrome)	5.1	3.3	6.9
j.	Anxiety	29.2	25.5	33.0
k.	Sickle cell	-	-	-

### 9. During the *month before* you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?

		Percent	Percent 95%	
			Lower	Upper
a.	I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant	59.6	55.6	63.6
b.	1 to 3 times a week	5.9	3.9	7.8
c.	4 to 6 times a week	4.2	2.5	5.8
d.	Every day of the week	30.4	26.6	34.2

Took a vitamin during month before pregnancy

# 10. In the 12 months before you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker? (Note: Women who said "No" skipped to Question 13.)

Healthcare visits during the 12 months before pregnancy

	Percent	95% CI	
		Lower	Upper
Had a healthcare visit in the 12 months before pregnancy	57.8	53.8	61.9

### 11. What type of health care visit did you have in the *12 months before* you got pregnant with your new baby? (Check all that apply.)

Type of healthcare visit during 12 months before pregnancy

		Percent	95%	CI
			Lower	Upper
a.	Regular checkup at my family doctor's office	46.5	41.1	52.0
b.	Regular checkup at my OB/GYN's office	71.9	67.0	76.8
c.	Visit for an illness or chronic condition	20.3	16.0	24.7
d.	Visit for an injury	5.9	3.4	8.4
e.	Visit for family planning or birth control	18.1	13.9	22.3
f.	Visit for depression or anxiety	14.5	10.6	18.3
g.	Visit to have my teeth cleaned by a dentist or dental hygienist	56.3	50.9	61.7
h.	Other	13.8	10.1	17.6

### 12. During any of your health care visits in the *12 months before* you got pregnant, did a doctor, nurse, or other health care worker <u>do</u> any of the following things?

		Percent	95%	CI
			Lower	Upper
a.	Tell me to take a vitamin with folic acid	22.9	18.3	27.5
b.	Talk to me about maintaining a healthy weight	39.8	34.4	45.1
c.	Talk to me about controlling any medical conditions such as diabetes or high blood pressure	22.4	17.9	26.9
d.	Talk to me about my desire to have or not have children	36.9	31.6	42.1
e.	Talk to me about using birth control to prevent pregnancy	46.6	41.2	52.1
f.	Talk to me about how I could improve my health before a pregnancy	32.4	27.3	37.6
g.	Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis	29.3	24.4	34.2
h.	Ask me if I was smoking cigarettes	71.9	66.9	76.9
i.	Ask me if someone was hurting me emotionally or physically	36.8	31.6	42.1
j.	Ask me if I was feeling down or depressed	54.6	49.2	60.1
k.	Ask me about the kind of work I do	56.4	51.0	61.8
1.	Test me for HIV (the virus that causes AIDS)	32.8	27.7	37.9

Things health care workers did during visit during the 12 months before pregnancy

### 13. During the *month before* you got pregnant with your new baby, what kind of health insurance did you have? (Check all that apply.)

Health insurance coverage during the month before pregnancy

		Percent	95%	CI
			Lower	Upper
a.	Private health insurance from my job or the job of my husband or partner	35.4	31.5	39.3
b.	Private health insurance from my parents	9.7	7.2	12.5
c.	Private health insurance from the Mississippi Health Insurance Marketplace or HealthCare.gov	4.3	2.6	5.9
d.	Medicaid	30.1	26.3	33.8
e.	SCHIP	-	-	-
f.	TRICARE or other military health care	4.3	2.6	6.0
g.	Indian Health Service	-	-	-
h.	Other health insurance	2.7	1.3	4.0
i.	I did not have any health insurance during the <i>month before</i> I got pregnant	20.6	17.2	23.9

### 14. During your *most recent pregnancy*, what kind of health insurance did you have for your *prenatal care*? (Check all that apply.)

		Percent 95% C		CI
			Lower	Upper
a.	I did not go for prenatal care	2.8	1.5	4.1
b.	Private health insurance from my job or the job of my husband or partner	30.6	26.8	34.5
c.	Private health insurance from my parents	6.1	4.1	8.2
d.	Private health insurance from the Mississippi Health Insurance Marketplace or HealthCare.gov	3.7	2.2	5.3
d.	Medicaid	67.3	63.4	71.2
e.	SCHIP	-	-	-
f.	TRICARE or other military health care	4.5	2.7	6.3
g.	Indian Health Service	-	-	-
h.	Other health insurance	-	-	-
i.	I did not have any health insurance for my prenatal care	-	-	-

Health insurance coverage for prenatal care

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

#### 15. What kind of health insurance do you have *now*? (Check all that apply.)

		Percent	95%	CI
			Lower	Upper
a.	Private health insurance from your job or the job of my husband or partner	29.4	25.6	33.1
b.	Private health insurance from my parents	3.5	2.0	5.0
c.	Private health insurance from the Mississippi Health Insurance Marketplace or HealthCare.gov	3.8	2.2	5.4
d.	Medicaid	54.1	49.9	58.2
e.	SCHIP	-	-	-
f.	TRICARE or other military health care	4.6	2.8	6.3
g.	Indian Health Service	-	-	-
h.	Other source(s)	2.4	1.1	3.8
i.	I do not have health insurance now	9.4	7.0	11.9

Health insurance coverage after pregnancy

**16. Thinking back to** *just before* **you got pregnant with your new baby, how did you feel about becoming pregnant?** (Check one answer.) (*Note: Women who said anything other than "I wanted to be pregnant later" skipped to Question 18.*)

Women's feelings about becoming pregnant

	Percent	95%	CI
		Lower	Upper
I wanted to be pregnant later	23.9	20.4	27.4
I wanted to be pregnant sooner	9.5	7.0	11.9
I wanted to be pregnant then	37.6	33.6	41.7
I didn't want to be pregnant then or at any time in the future	9.2	6.9	11.4
I wasn't sure what I wanted	19.8	16.6	23.1

#### 17. How much longer did you want to wait to become pregnant?

How long women wanted to wait to become pregnant

	Percent	95%	CI
		Lower	Upper
Less than 1 year	-	-	-
1 year to less than 2 years	34.1	25.9	42.3
2 years to less than 3 years	30.5	22.4	38.6
3 years to 5 years	17.4	11.0	23.8
More than 5 years	11.9	6.4	17.5

#### **During Pregnancy**

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy.

18. How many weeks or months pregnant were you when you had your first visit for prenatal care? (Note: Women who said they did not go for prenatal care skipped to Question 23.)

Trimester of first prenatal care visit	Percent	95%	CI
		Lower	Upper
First trimester	91.2	89.0	93.5
Second trimester	8.0	5.8	10.1
Third trimester	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

#### Women who started prenatal care during the first trimester

	Percent	95%	CI
		Lower	Upper
Yes	85.5	82.6	88.3
No	13.1	10.4	16.9
No prenatal care	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

Number of prenatal care visits			
	Percent	95%	CI
		Lower	Upper
<=8	19.1	16.0	22.2
9-11	26.9	23.3	30.6
≥12	54.0	49.9	58.1

#### 19. Where did you go most of the time for your prenatal care visits? (Check one answer.)

Ту	be of place where prenatal care was received			
		Percent	95%	o CI
			Lower	Upper
a.	Hospital Clinic	24.5	20.9	28.1
b.	Health Department Clinic	4.5	2.8	6.3
c.	MD/HMO	51.9	47.6	56.1
d.	Community Health Center	7.8	5.4	10.1
e.	Other	11.3	8.6	14.0

Tune of place where prepetal agree was received

### 20. *During any of your prenatal care visits*, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?

		Percent	95% CI	
			Lower	Upper
a.	How smoking during pregnancy could affect my baby	68.2	64.3	72.1
b.	Breastfeeding my baby	85.9	82.9	88.8
c.	How drinking alcohol during pregnancy could affect my baby	71.5	67.7	75.4
d.	Using a seat belt during my pregnancy	52.5	48.3	56.8
e.	Medicines that are safe to take during my pregnancy	92.3	90.2	94.5
f.	How using illegal drugs could affect my baby	65.2	61.2	69.3
g.	Doing tests to screen for birth defects or diseases that run in my family	87.0	84.1	89.8
h.	The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)	82.2	79.0	85.4
i.	What to do if I feel depressed during my pregnancy or after my baby is born	74.6	71.0	78.3
j.	Physical abuse to women by their husbands or partners	49.6	45.4	53.8

Women's healthcare discussions with doctors, nurses or health care workers during pregnancy

### 21. *During any of your prenatal care visits*, did a doctor, nurse, or other health care worker ask you any of the things listed below?

Women's discussions with doctors, nurses or health workers during prenatal visits

		Percent 95% CI		CI
			Lower	Upper
a.	If I knew how much weight I should gain during pregnancy	46.1	42.0	50.4
b.	If I was taking any prescription medication	94.4	92.6	96.2
c.	If I was smoking cigarettes	89.5	86.9	92.1
d.	If I was drinking alcohol	89.4	86.8	91.9
e.	If someone was hurting me emotionally or physically	57.8	53.6	62.0
f.	If I was feeling down or depressed	75.9	72.3	79.5
g.	If I was using drugs such as marijuana, cocaine, crack, or meth	69.4	65.5	73.3
h.	If I wanted to be tested for HIV (the virus that causes AIDS)	50.1	45.9	54.3
i.	If I planned to breastfeed my new baby	90.1	87.6	92.6
j.	If I planned to use birth control after my baby was born	88.2	85.6	90.9

#### 22. How did you feel about the prenatal care you got during your most recent pregnancy?

Satisfied with prenatal care

		Percent	95%	CI
			Lower	Upper
a.	The amount of time I had to wait	84.6	81.6	87.7
b.	The amount of time the doctor, nurse, or midwife spent with me	91.2	88.8	93.5
c.	The advice I got on how to take care of myself	90.1	87.6	92.5
d.	The understanding and respect shown toward me as a person	94.9	93.1	96.8

#### 23. At any time during *your most recent* pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?

Had test for HIV during pregnancy

	Percent	95% CI	
		Lower	Upper
Women who had an HIV test during pregnancy	54.2	49.6	58.8

### 24. During the 12 months *before the <u>delivery</u>* of your new baby, did a doctor, nurse, or other health care worker *offer* you a flu shot or *tell* you to get one?

Flu shot offered or provider told woman to get a flu shot in the 12 months before delivery

	Percent	95% CI	
		Lower	Upper
Women who were offered or told to get a flu shot during pregnancy	76.3	72.8	79.8

### 25. During the 12 months *before the <u>delivery</u>* of your new baby, did you get a flu shot? (Check one answer.)

Had a flu shot in the 12 months before delivery

	Percent	95%	6 CI	
		Lower	Upper	
No	60.6	56.5	64.6	
Yes, before my pregnancy	8.6	6.3	11.0	
Yes, during my pregnancy	30.8	27.0	34.6	

#### 26. During your most recent pregnancy, did you get a Tdap shot or vaccination?

Had Tdap shot or vaccination during pregnancy			
	Percent	95%	o CI
		Lower	Upper
Women who got Tdap vaccination during pregnancy	59.8	55.7	64.0

### 27. During *your most recent* pregnancy, did you have your teeth cleaned by a dentist or dental hygienist?

Teeth cleaned by a dentist or dental hygienist during pregnancy

	Percent	95% CI	
		Lower	Upper
Teeth cleaned by a dentist or dental hygienist	35.3	31.4	39.3

#### 28. This question is about other care of your teeth *during your most recent* pregnancy.

Women's care of teeth during pregnancy

		Percent	95% CI	
			Lower	Upper
a.	I knew it was important to care for my teeth and gums during my pregnancy	85.5	82.6	88.4
b.	A dental or other health care worker talked with me about how to care for my teeth and gums	47.6	43.4	51.7
c.	I had insurance to cover dental care during my pregnancy	73.3	69.6	77.0
d.	I needed to see a dentist for a problem	24.8	21.3	28.4
e.	I went to a dentist or dental clinic about a problem	17.0	13.9	20.11

**29.** During your most recent pregnancy, what kind of problem did you have with your teeth or gums? (Note: Women who did not have any problems with their teeth or gums skipped this question.)

Pro	blems with teeth or gums			
		Percent	95%	CI
			Lower	Upper
a.	I had cavities that needed to be filled	59.7	52.0	67.4
b.	I had painful, red, or swollen gums	42.8	34.9	50.8
c.	I had a toothache	66.4	58.8	73.9
d.	I needed to have a tooth pulled	44.9	36.9	52.9
e.	I had an injury to my mouth, teeth, or gums	13.6	8.0	19.2
f.	I had some other problem with my teeth or gums	28.0	20.8	35.2

# **30.** During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)? (Note: Women who said "No" skipped to Question 32.)

Women who were on WIC during pregnancy

	Percent	95% CI	
		Lower	Upper
Women on WIC program during pregnancy	50.5	46.4	54.7

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# **31.** During *your most recent* pregnancy, when you went for your WIC visits, did you speak with a breastfeeding peer counselor or another WIC staff person about breastfeeding?

Spoke with a breastfeeding peer counselor or another WIC staff person about breastfeeding

	Percent	95% CI	
		Lower	Upper
Spoke with a breastfeeding peer counselor or another WIC staff person about breastfeeding	79.7	75.0	84.4

#### 32. During *your most recent* pregnancy, did you have any of the following health conditions?

Health condition during pregnancy

		Percent	95% CI	
			Lower	Upper
a.	Gestational diabetes (diabetes that started during this pregnancy)	9.4	7.0	11.8
b.	High blood pressure (that <u>started</u> during <i>this</i> pregnancy), pre- eclampsia or eclampsia	19.1	16.0	22.2
c.	Depression	18.8	15.6	22.1
e.	Sickle cell	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

# 33. During *your most recent* pregnancy, did a doctor, nurse, or other health care worker give <u>you</u> a series of weekly shots of a medicine called progesterone, Makena®, or 17P (17 alpha-hydroxyprogesterone) to try to keep your new baby from being born too early?

Received shots to prevent preterm birth

	Percent	95%	CI
		Lower	Upper
Weekly shots of a medicine called progesterone, Makena®, or 17P	5.6	3.8	7.3

### 34. During *your most recent* pregnancy, did a doctor, nurse, or other health care worker tell you that you had any of the following infections?

Women's discussions with doctor, nurse, or health care workers during pregnancy

		Percent	95%	, CI
			Lower	Upper
a.	Genital warts (HPV)	-	-	-
b.	Herpes	2.8	1.5	4.2
c.	Chlamydia	4.1	2.5	5.7
d.	Gonorrhea	-	-	-

e.	Pelvic inflammatory disease (PID)	-	-	-
f.	Syphilis	-	-	-
g.	Group B Strep (Beta Strep)	10.5	7.9	13.0
h.	Bacterial vaginosis	7.9	5.6	10.1
i.	Trichomoniasis (Trich)	2.7	1.4	3.9
j.	Yeast infections	18.2	15.0	21.4
k.	Urinary tract infection (UTI)	22.8	19.4	26.2
1.	Other	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

**35.** Have you smoked any cigarettes in the *past 2 years*? (*Note: Women who said "No" skipped to Question 39.*)

Smoking 2 years before pregnancy			
	Percent	95%	CI
		Lower	Upper
Women smoked any cigarettes in the past 2 years	18.1	14.9	21.3

#### 36. In the 3 months <u>before</u> you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

Smoking 3 months before pregnancy

	Percent	95% CI	
	-	Lower	Upper
Women who smoked in the 3 months before pregnancy	15.7	12.7	18.7

Number of cigarettes smoked on an average day in the 3 months before pregnancy among women who smoked in the *past 2 years* 

		Percent	95%	CI
		-	Lower	Upper
a.	41 cigarettes or more	-	-	-
b.	21 to 40 cigarettes	-	-	-
c.	11 to 20 cigarettes	30.0	21.0	38.9
d.	6 to 10 cigarettes	24.9	16.4	33.3
e.	1 to 5 cigarettes	17.6	10.6	24.6
f.	Less than 1 cigarette	-	-	-
g.	I didn't smoke then	14.1	7.3	21.0

### **37.** In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

Smoking during pregnancy

	Percent	95% CI	
		Lower	Upper
Women who smoked in last 3 months of pregnancy	8.3	6.0	10.5

Number of cigarettes smoked on an average day in the last 3 months of pregnancy among women who smoked in the *past 2 years* 

		Percent	95%	CI
			Lower	Upper
a.	41 cigarettes or more	-	-	-
b.	21 to 40 cigarettes	-	-	-
c.	11 to 20 cigarettes	-	-	-
d.	6 to 10 cigarettes	13.5	6.8	20.2
e.	1 to 5 cigarettes	17.1	9.8	24.4
f.	Less than 1 cigarette	-	-	-
g.	I didn't smoke then	54.3	44.6	64.1

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

#### 38. How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes.

Smoking after pregnancy among			
	Percent	95%	CI
		Lower	Upper
Women who smoke now	11.1	8.5	13.6

Number of cigarettes smoked on an average day now among women who smoked in the past 2 years

		Percent	95%	CI
			Lower	Upper
a.	41 cigarettes or more	-	-	-
b.	21 to 40 cigarettes	-	-	-
c.	11 to 20 cigarettes	20.5	12.6	28.4
d.	6 to 10 cigarettes	15.5	8.5	22.5
e.	1 to 5 cigarettes	15.0	8.5	21.6
f.	Less than 1 cigarette	-	-	-
g.	I don't smoke now	39.3	29.8	48.9

**39. Have you used any of the following products in the** *past 2 years?* (*Note: If women said they did not use e-cigarettes or other electronic nicotine products in the past 2 years, skip to Question 42.*)

Other types of nicotine products

		Percent	95%	CI	
			Lower	Upper	
a.	E-cigarettes or other electronic nicotine products	12.9	10.1	15.7	
b.	Hookah	4.0	2.4	5.5	
c.	Chew or snus	-	-	-	
d.	Cigars or cigarillos	6.7	4.7	8.8	

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### 40. During the *3 months <u>before</u>* you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products?

Average use of e-cigarettes or other electronic nicotine products 3 months before pregnancy among women who used them in the past 2 years.

		Percent	95%	CI	
			Lower	Upper	
a.	More than once a day	30.3	19.4	41.2	
b.	Once a day	-	-	-	
c.	2-6 days a week	-	-	-	
d.	1 day a week or less	-	-	-	
e.	I did not use e-cigarettes or other electronic nicotine products then	34.5	23.1	45.9	

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### 41. During the *last 3 months* of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products?

Average use of e-cigarettes or other electronic nicotine products during the last 3 months of pregnancy among women who used them in the past 2 years.

		Percent	95%	CI
			Lower	Upper
a.	More than once a day	-	-	-
b.	Once a day	-	-	-
c.	2-6 days a week	-	-	-
d.	1 day a week or less	-	-	-
e.	I did not use e-cigarettes or other electronic nicotine products then	77.0	67.1	86.9

### The next questions are about drinking alcohol around the time of pregnancy (before, during, and after).

**42.** Have you had any alcoholic drinks in the *past 2 years*? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink. (*Note: Women who said "No" skipped to Question 45.*)

Drank alcohol 2 years before pregnancy	Percent	95%	o CI
		Lower	Upper
Women who drank alcohol in the past 2 years	58.3	54.2	62.4

### 43. During the *3 months <u>before</u>* you got pregnant, how many alcoholic drinks did you have in an average week?

Number of drinks women had in an average week 3 months before pregnancy among women who drank alcohol in the past 2 years.

		Percent	95%	CI	
			Lower	Upper	
a.	14 drinks or more a week	-	-	-	
b.	8 to 13 drinks a week	-	-	-	
c.	4 to 7 drinks a week	12.8	9.1	16.4	
d.	1 to 3 drinks a week	27.9	23.0	32.8	
e.	Less than 1 drink a week	40.4	35.0	45.7	
f.	I didn't drink then	16.5	12.5	20.6	

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### 44. During the *last 3 months* of your pregnancy, how many alcoholic drinks did you have in an average week?

Number of alcoholic drinks women had in an average week during the last 3 months of pregnancy among women who drank alcohol in the past 2 years.

		Percent	95%	CI
		-	Lower	Upper
a.	1 or more drinks a week	-	-	-
b.	Less than 1 drink a week	5.9	3.4	8.4
c.	I didn't drink then	92.5	89.8	95.3

Pregnancy can be a difficult time. The next questions are about things that may have happened <u>before</u> and <u>during</u> your most recent pregnancy.

### 45. This question is about things that may have happened during the *12 months before* your new baby was born.

		Percent	95%	CI
		-	Lower	Upper
a.	A close family member was very sick and had to go into the hospital	24.8	21.2	28.4
b.	I got separated or divorced from my husband or partner	7.3	5.1	9.4
c.	I moved to a new address	29.2	25.5	33.0
d.	I was homeless or had to sleep outside, in a car, or in a shelter	-	-	-
e.	My husband or partner lost their job	9.2	6.8	11.6
f.	I lost my job even though I wanted to go on working	12.5	9.8	15.2
g.	My husband, partner, or I had a cut in work hours or pay	18.5	15.3	21.7
h.	I was apart from my husband or partner due to military deployment or extended work-related travel	8.8	6.8	11.2
i.	I argued with my husband or partner more than usual	22.6	19.1	26.0
j.	My husband or partner said they didn't want me to be pregnant	4.7	3.0	6.4
k.	I had problems paying the rent, mortgage, or other bills	15.8	12.8	18.8
1.	My husband, partner, or I went to jail	3.0	1.6	4.4
m.	Someone very close to me had a problem with drinking or drugs	11.3	8.7	14.0
n.	Someone very close to me died	26.2	22.6	29.9

Stressful events during the 12 months before new baby was born

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### 46. In the *12 months <u>before</u> you got pregnant* with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

Physical violence before pregnancy

		Percent 95		95% CI	
			Lower	Upper	
a.	My husband or partner	2.8	1.5	4.2	
b.	My ex-husband or ex-partner	2.4	1.1	3.7	
c.	Another family member	-	-	-	
d.	Someone else	-	-	-	

#### 47. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

		Percent	95% CI	
			Lower	Upper
a.	My husband or partner	-	-	-
b.	My ex-husband or ex-partner	-	-	-
c.	Another family member	-	-	-
d.	Someone else	-	-	

Physical violence during pregnancy

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

#### 48. During your most recent pregnancy, did any of the following things happen to you?

		Percent	Percent 95%	
			Lower	Upper
a.	My husband or partner threatened me or made me feel unsafe in some way	3.7	2.1	5.2
b.	I was frightened for my safety or my family's safety because of the anger or threats of my husband or partner	2.5	1.2	3.7
c.	My husband or partner tried to control my daily activities, for example, controlling who I could talk to or where I could go	4.0	2.4	5.6
d.	My husband or partner forced me to take part in touching or any sexual activity when I did not want to	-	-	-

#### **After Pregnancy**

### **50.** Did you plan or schedule a Cesarean delivery (C-section) at least one week before your new baby was born?

Planned or scheduled C-section			
	Percent	95%	CI
		Lower	Upper
Planned C-section	24.5	20.9	28.1

**51. How was your new baby delivered?** (*Note: Women who said "Vaginally" skipped to Question 54.*)

Delivery type

	Percent	95%	6 CI	
		Lower	Upper	
Vaginally	65.0	61.1	68.9	
C-section	35.0	31.1	38.9	

### **52.** What was the reason that your new baby was born by Cesarean delivery (C-section)? (Check all that apply).

Reasons for C-section

		Percent	95%	CI
			Lower	Upper
a.	I had a previous Cesarean delivery (C-section)	44.0	37.2	50.8
b.	My baby was in the wrong position (such as breech)	17.7	12.6	22.8
c.	I was past my due date	-	-	-
d.	My health care provider worried that my baby was too big	12.1	7.5	16.6
e.	I had a medical condition that made labor dangerous for me (such as heart condition, physical disability)	5.5	2.7	8.2
f.	I had a complication in my pregnancy (such as pre-eclampsia, placental problems, infection, preterm labor)	21.5	16.8	26.2
g.	My health care provider tried to induce my labor, but it didn't work	19.5	14.0	25.0
h.	Labor was taking too long	16.7	11.5	21.9
i.	The fetal monitor showed that my baby was having problems before or during labor (fetal distress)	14.0	9.4	18.5
j.	I wanted to schedule my delivery	9.0	5.0	12.9
k.	I didn't want to have my baby vaginally	5.6	2.6	8.7
1.	Other	21.3	15.6	27.7

### **53.** Which statement best describes whose idea it was for you to have a Cesarean delivery (C-section)? (Check one answer.)

Whose idea it was for you to have a C-section

		Percent	95%	CI
			Lower	Upper
a.	My health care provider recommended a Cesarean delivery <i>before</i> I went into labor	56.6	49.7	64.6
b.	My health care provider recommended a Cesarean delivery while I was in labor	33.3	26.7	37.2
c.	I asked for the Cesarean delivery	10.1	5.8	14.4

#### 54. How much weight did you gain during your most recent pregnancy?

Weight gain during pregnancy	

		Percent	95% CI	
		_	Lower	Upper
a.	Did not gain weight	4.0	2.5	5.5
b.	1-10 pounds	8.0	5.9	10.1
c.	11-20 pounds	24.7	21.2	28.2
d.	21-30 pounds	25.9	22.3	29.5
e.	31-40 pounds	19.8	16.5	23.1
f.	41 or more pounds	17.6	14.4	20.8

#### 55. After your baby was delivered, was he or she put in an intensive care unit (NICU)?

Baby	in	NICU
------	----	------

	Percent	95% CI	
		Lower	Upper
The baby was in NICU after he/she was born	13.8	11.4	16.1

### **56.** After your baby was delivered, how long did he or she stay in the hospital? (*Note: Women who said their baby is still in the hospital skipped to Question 59.*)

Baby's length of stay in the hospital

		Percent	95%	CI
			Lower	Upper
a.	Less than 24 hours (<1 day)	2.1	0.9	3.7
b.	24 to 48 hours (1-2 days)	59.2	55.2	63.2
c.	3 to 5 days	29.4	25.6	33.1
d.	6 to 14 days	4.1	3.6	6.1
e.	More than 14 days	3.8	3.1	4.6
f.	My baby was not born in a hospital	-	-	-
g.	My baby is still in the hospital	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

#### **57.** Is your baby alive now? (*Note: Women who said "No" skipped to Question 72.*)

Baby still living			
	Percent	95%	CI
		Lower	Upper
Baby alive now	99.3	98.7	99.9

#### 58. Is your baby living with you now? (Note: Women who said "No" skipped to Question 72.)

Baby living with mother now

	Percent	95% CI	
		Lower	Upper
Baby living with mother now	98.9	98.1	99.8

### **59**. *Before or after your new baby was born*, did you receive information about breastfeeding from any of the following sources?

		Percent	95%	CI
			Lower	Upper
a.	My doctor	78.5	75.0	82.0
b.	A nurse, midwife, or doula	62.7	58.6	66.8
c.	A breastfeeding or lactation specialist	70.7	66.9	74.6
d.	My baby's doctor or health care provider	66.2	62.2	70.2
e.	A breastfeeding support group	26.2	22.4	29.9
f.	A breastfeeding hotline or toll-free number	12.9	10.0	15.8
g.	Family or friends	58.1	53.9	62.2
h.	Other	9.4	6.7	12.1

Sources of women's information about breastfeeding

### **60.** Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time? (*Note: Women who said "No" skipped to Question 65.*)

Breastfeeding initiation

	Percent	95% CI	
	_	Lower	Upper
Women who ever breastfed or pumped breast milk to feed baby	75.8	72.2	79.4

#### **61.** Are you currently breastfeeding or feeding pumped milk to your new baby? (*Note: Women who said "Yes" skipped to Question 63.*)

Breastfeeding continuation (at time woman responded to survey)

	Percent	95%	o CI
		Lower	Upper
Women who currently breastfeed or feed pumped milk to baby	41.8	37.0	46.6

#### 62. How many weeks or months did you breastfeed or pump milk to feed your baby?

Duration of breastfeeding or pumping milk

	Percent	95% CI	
		Lower	Upper
<1 week	13.9	9.5	18.4
1-7 weeks	52.9	46.5	59.3
8-23 weeks	32.8	26.8	38.8
24 weeks or longer	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### 63. This question asks about things that may have happened at the hospital where your new baby was born.

		Percent	95%	CI
			Lower	Upper
a.	Hospital staff gave me information about breastfeeding	95.3	93.2	97.4
b.	My baby stayed in the same room with me at the hospital	88.6	86.1	91.2
c.	I breastfed my baby in the hospital	83.1	79.6	86.6
d.	Hospital staff helped me learn how to breastfeed	75.9	71.7	80.1
e.	I breastfed in the first hour after my baby was born	69.5	65.1	73.8
f.	My baby was placed in skin-to-skin contact within the first hour of life	81.9	78.5	85.3
g.	My baby was fed only breast milk at the hospital	50.4	45.5	55.2
h.	Hospital staff told me to breastfeed whenever my baby wanted	81.3	77.7	85.0
i.	The hospital gave me a breast pump to use	38.3	33.6	42.9
j.	The hospital gave me a gift pack with formula	58.4	53.6	63.3
k.	The hospital gave me a telephone number to call for help with breastfeeding	74.4	70.1	78.7
1.	Hospital staff gave my baby a pacifier	44.0	39.2	48.7

Things that happened at the hospital where I had my baby

### 64. How old was your new baby the first time he or she had liquids other than breast milk (such as formula, water, juice, or cow's milk)?

Baby's first time drinking liquids other than breast milk

	Percent	95% CI	
		Lower	Upper
<1 week	61.1	55.6	66.7
1-7 weeks	18.4	13.9	22.8
8-23 weeks	19.4	14.9	23.9
24 weeks or longer	-	-	-

**65.** Did anyone suggest that you *not* breastfeed your new baby? (*Note: Women who said "No" skipped to Question* 67.)

Was woman suggested not to breastfeed

	Percent	95%	CI
		Lower	Upper
Women who were suggested not to breastfeed	9.2	6.7	11.6

#### 66. Who suggested that you not breastfeed your new baby? (Check all that apply.)

Who suggested not to breastfeed

		Percent	95%	CI
			Lower	Upper
a.	My husband or partner	20.7	9.2	32.1
b.	My mother, father, or in-laws	54.1	40.2	68.0
c.	Other family member or relative	36.5	22.9	50.1
d.	My friends	-	-	-
e.	My baby's doctor, nurse, or other health care worker	-	-	-
f.	My doctor, nurse, or other health care worker	-	-	-
h.	Other	-	-	-

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

### 67. In which *one* position do you <u>most often</u> lay your baby down to sleep now? (Check one answer.)

Bab	Baby's sleeping position				
		Percent	95% CI		
		,	Lower	Upper	
a.	On his or her side	13.3	10.5	16.1	
b.	On his or her back	70.7	66.9	74.5	
c.	On his or her stomach	11.3	8.7	13.9	
d.	On his or her side/back	2.6	1.3	3.9	
e	On his or her side/stomach	-	-	-	
f.	On his or her back/stomach	-	-	-	
g.	All 3 positions	-	-	-	

### **68.** In the *past 2 weeks*, how often has your new baby slept alone in his or her own crib or bed? (*Note: Women who said "Never" skipped to Question 70.*)

Baby slept alone in past 2 weeks

		Percent	95%	CI
			Lower	Upper
a.	Always	48.1	43.8	52.3
b.	Often	20.1	16.7	23.5
c.	Sometimes	15.2	12.2	18.2
d.	Rarely	7.2	5.0	9.5
e.	Never	9.4	7.0	11.9

### 69. When your new baby sleeps alone, is his or her crib or bed in the same room where <u>you</u> sleep?

Baby sleeps in the same room as mother

	Percent	95%	o CI
		Lower	Upper
Room sharing	87.7	84.8	90.7

### 70. Listed below are some more things about how babies sleep. How did your new baby *usually* sleep in the *past 2 weeks*?

	y's sleep environment	Percent	95% CI	
		-	Lower	Upper
a.	In a crib, bassinet, or pack and play	85.9	83.0	88.9
b.	On a twin or larger mattress or bed	35.7	31.7	39.8
c.	On a couch, sofa, or armchair	10.9	8.3	13.6
d.	In an infant car seat or swing	43.3	39.1	47.5
e	In a sleeping sack or wearable blanket	27.8	24.0	31.7
f.	With a blanket	49.9	45.7	54.2
g.	With toys, cushions, or pillows, including nursing pillows	12.4	9.6	15.1
h.	With crib bumper pads (mesh or non-mesh)	17.4	14.2	20.7

#### 71. Did a doctor, nurse, or other health care worker tell you any of the following things?

Safe sleep discussion with health care providers

		Percent	95%	CI
			Lower	Upper
a.	Place my baby on his or her back to sleep	90.9	88.5	93.3
b.	Place my baby to sleep in a crib, bassinet, or pack and play	87.3	84.4	90.1
c.	Place my baby's crib or bed in my room	57.2	53.0	61.5
d.	What things should and should not go in bed with my baby	88.4	85.7	91.2

**72.** Are you or your husband or partner doing anything *now* to keep from getting pregnant? Some things people do to keep from getting pregnant include having their tubes tied, using birth control pills, condoms, withdrawal, or natural family planning. (*Note: Women who said "Yes" skipped to Question 74.*)

Postpartum birth control

	Percent	95%	o CI
		Lower	Upper
Woman and/or husband or partner were using birth control	76.8	72.8	79.9

### **73.** What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant *now*? (Check all that apply.)

Reasons woman and/or husband or partner are not using birth control now

		Percent	Percent 95% CI	
			Lower	Upper
a.	I want to get pregnant	15.3	9.2	21.3
b.	I am pregnant now	9.1	4.0	14.2
c.	I had my tubes tied or blocked	-	-	-
d.	I don't want to use birth control	48.8	40.2	57.4
e.	I am worried about side effects from birth control	37.2	28.9	45.5
f.	I am not having sex	25.6	18.0	33.1
g.	My husband or partner doesn't want to use anything	10.2	5.0	15.3
h.	I have problems paying for birth control	-	-	-
g.	Other	13.9	8.0	19.9

# **74. What kind of birth control are you or your husband or partner using** *now* **to keep from getting pregnant?** (Check all that apply.) (*Note: Women who said they or their husband/partner were not doing anything to keep from getting pregnant now skipped this question.*)

		Percent	95% C	ľ
		-	Lower	Upper
a.	Tubes tied or blocked (female sterilization or Essure®)	12.5	9.5	15.6
b.	Vasectomy (male sterilization)	3.5	1.7	5.3
c.	Birth control pills	27.2	22.9	31.5
d.	Condoms	32.7	28.2	37.3
e.	Shots or injections (Depo-Provera®)	13.8	10.6	17.1
f.	Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)	-	-	-
g.	IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)	12.0	8.8	15.1
h.	Contraceptive implant in the arm (Nexplanon® or Implanon®)	4.9	2.9	7.0
i.	Natural family planning (including rhythm method)	6.8	4.3	9.2
j.	Withdrawal (pulling out)	28.6	24.3	33.0
k.	Not having sex (abstinence)	10.3	7.6	13.1
1.	Other	-	-	-

Types of birth control using now

Note: Responses with relative standard error (RSE) above 30% are suppressed (dashes).

# **75.** *Since your new baby was born*, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth. (*Note: Women who said "No" skipped to Question* 77.)

Postpartum checkup

	Percent	95%	o CI
		Lower	Upper
Women who had a postpartum checkup	88.1	85.4	90.7

### 76. *During your postpartum checkup*, did a doctor, nurse, or other health care worker <u>do</u> any of the following things?

		Percent	95% C	Ι
		-	Lower	Upper
a.	Tell me to take a vitamin with folic acid	45.1	40.6	49.6
b.	Talk to me about healthy eating, exercise, and losing weight gained during pregnancy	54.1	49.6	58.5
c.	Talk to me about how long to wait before getting pregnant again	48.7	44.2	53.2
d.	Talk to me about birth control methods I can use after giving birth	89.2	86.5	91.9
e.	Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera®), NuvaRing®, or condoms	52.2	47.7	56.7
f.	Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a contraceptive implant (Nexplanon® or Implanon®)	18.7	15.2	22.2
g.	Ask me if I was smoking cigarettes	56.8	52.4	61.3
h.	Ask me if someone was hurting me emotionally or physically	49.8	45.3	54.3
i.	Ask me if I was feeling down or depressed	80.4	76.9	84.0
j.	Test me for diabetes	26.3	22.4	30.2

Things done by health care providers during a postpartum checkup

#### 77. Since your new baby was born, how often have you felt down, depressed, or hopeless?

		Percent	95% CI	
			Lower	Upper
a.	Always	-	-	-
b.	Often	8.8	6.4	11.1
с.	Sometimes	22.9	19.4	26.4
1.	Rarely	28.6	24.7	32.4
e.	Never	38.8	34.7	42.8

### 78. *Since your new baby was born,* how often have you had little interest or little pleasure in doing things you usually enjoyed?

		Percent	95% CI	
			Lower	Upper
a.	Always	5.9	3.9	7.8
b.	Often	9.5	7.1	12.0
c.	Sometimes	26.6	22.9	30.3
d.	Rarely	21.6	18.1	25.0
e	Never	36.4	32.4	40.4

Little interest or little pleasure in doing things women usually enjoyed

The last questions are about the time during the 12 months before your new baby was born.

**79.** During the *12 months before* your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received.

Annual household income before taxes

		Percent	95%	CI
			Lower	Upper
a.	\$16,000 or less	28.7	24.8	32.5
b.	\$16,001 to \$40,000	34.5	30.4	38.7
c.	More than \$40,000	36.8	32.6	41.1

### 80. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?

Number of people who depended on the income during 12 months before birth

	Percent	95% CI	
		Lower	Upper
1	13.6	10.8	16.4
2	33.2	29.2	37.2
3	25.4	21.7	29.2
4	18.6	15.2	22.0
5	5.8	3.8	7.7
6 or more	3.3	1.9	4.9

#### Appendix

#### **Purpose and History**

In 1987, the Centers for Disease Control and Prevention (CDC) initiated the PRAMS project in collaboration with state health departments. The purpose was to gather data about maternal experiences and behaviors relevant to maternal and infant health, especially low birth weight and infant mortality. Forty-six states, the District of Columbia, New York City, Northern Mariana Islands, and Puerto Rico currently participate in this project. Several other states, conduct PRAMS-like surveys.

Findings from PRAMS are used to enhance understanding of maternal behaviors and their relationship with adverse pregnancy outcomes. Data can be used at the state level to plan, implement, monitor and evaluate programs and to inform policymakers and the general public. PRAMS helps to identify women at risk for health problems and to monitor progress over time. At the national level, PRAMS represents 81% of all US births. For year 2021 births, the Phase VIII questionnaire was used.

#### Sampling

This description is based on information from the CDC PRAMS website

http://www.cdc.gov/prams/methodology.htm. The PRAMS sample of women who have had a recent live birth was drawn from the state's birth certificate file. For birth year 2021, Mississippi PRAMS sampled 1,652 mothers (886 respondents generalizing to a PRAMS-eligible population of 32,400). The sample was stratified by birth weight: women with very low birth weight (under 1,500 g) or low birth weight (1,500 to 2,499 g) infants were sampled at a higher rate. Records were excluded from the sample if the mother was a non-resident or gave birth out of state, mother's last name was missing in birth certificates, or the birth certificate process was delayed by more than 6 months.

#### **Data Collection**

Procedures and instruments are standardized to allow comparisons between states. Selected women were first contacted by mail. If there was no response, attempts were made to interview women by telephone.

#### Weighting and Analysis

CDC PRAMS weighted the dataset, providing a final analysis weight that was the product of the weights for sampling, non-response, and non-coverage. Estimates for the PRAMS-eligible population were obtained by using the analysis weight and survey design variables. SAS 9.4 software was used for survey analysis.

#### Statistical Methods

Information in this brief surveillance report was generated using the SAS survey analysis procedures to properly analyze complex weighted sample data. The statistical analysis included the appropriate weight and strata variables. The analysis produced the unweighted count, weighted count, weighted percentage and 95% confidence interval for the responses to each. Response categories with non-overlapping 95% confidence intervals were determined to be statistically significant from each other.

#### **Strengths and Limitations**

#### Strengths:

PRAMS is a population-based survey allowing generalization to all women with a live birth, with relatively few exclusions. PRAMS data provides overall estimates of prevalence of behaviors or health problems of women who have recently had a live birth and are useful for program planning, monitoring trends and assessing a state's need for services. The weighted response rate of the 2021 PRAMS sample was 54%, which is above the 50% response rate required by CDC. This means that the responses of women to the 2021 PRAMS survey can be generalized to all women with a live birth in Mississippi.

#### Limitations:

Sample sizes for some subpopulations and question response categories were too small for precise estimates. Responses with relative standard error above 30% are suppressed. In the tables of this report, results replaced

with a dash (-) indicate a relative standard error greater than 30%. PRAMS questionnaire data are self-reported and may be subject to recall bias, reporting bias and response mode bias (e.g., whether the woman answered the mail survey or the phone survey). The answer also depends on how the survey respondent interpreted the questions. If respondents interpret differently than expected, inaccurate information may result.

#### **Survey Topics**

Survey topics was designed to provide guidance for PRAMS data users on noteworthy question or topic areas in the PRAMS survey. The topics were originally derived from the Mississippi maternal and child health (MCH) state needs assessment and the CDC PRAMS web query categories. Each topic area is matched with questions from the survey and a brief description of the question is provided.

#### Sample and Population, Year 2021 Births

Below is a description of the maternal characteristics of MS PRAMS respondents (unweighted number of respondents), weighted estimates (numbers and percentages of MS residents with an in-state live birth) and the 95% confidence interval (CI).

Maternal characteristics	Unweighted counts	Weighted counts	Weighted percent	95% CI Lower	95% CI Upper
Age (years)					
≤19	80	2563	7.9	5.7	10.1
20-24	234	8510	26.3	22.6	29.9
25-29	278	10508	32.4	28.6	36.3
30-34	192	7624	23.5	20.1	27.0
35 and older	102	3195	9.9	7.5	12.2
Total	886	32400	100.0		
Race					
White	378	16378	50.0	46.5	54.6
Black	453	13521	41.7	37.8	45.7
Other	55	2501	7.7	5.5	10.0
Total	886	32400	100.0		
Education					
Less than high school	107	3736	11.5	8.9	14.2
High school	314	10446	32.3	28.4	36.1
Some college	280	10318	31.9	28.0	35.7
College graduate	184	7889	24.4	20.8	27.9
Total	885	32390	100.0		
Marital Status					
Married	346	15073	46.5	42.4	50.6
Not Married	540	17327	53.5	49.4	57.6
Total	886	32400	100.0		