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MISSISSIPPI STATE DEPARTMENT OF HEALTH

BUREAU OF PUBLIC WATER SUPPLY

**CALENDAR YEAR 2010 CONSUMER CONFIDENCE REPORT
CERTIFICATION FORM**

MS. State Hospital
Public Water Supply Name

0610032
List PWS ID #s for all Water Systems Covered by this CCR

The Federal Safe Drinking Water Act requires each *community* public water system to develop and distribute a consumer confidence report (CCR) to its customers each year. Depending on the population served by the public water system, this CCR must be mailed to the customers, published in a newspaper of local circulation, or provided to the customers upon request.

Please Answer the Following Questions Regarding the Consumer Confidence Report

- Customers were informed of availability of CCR by: *(Attach copy of publication, water bill or other)*
 - Advertisement in local paper
 - On water bills
 - Other MSH intranet

Date customers were informed: 06 / 20 / 2011

- CCR was distributed by mail or other direct delivery. Specify other direct delivery methods:

Date Mailed/Distributed: / /

- CCR was published in local newspaper. *(Attach copy of published CCR or proof of publication)*

Name of Newspaper: The Take Note

Date Published: 06/20/2011

- CCR was posted in public places. *(Attach list of locations)*

Date Posted: / /

- CCR was posted on a publicly accessible internet site at the address: www. MSH-DMH.org

CERTIFICATION

I hereby certify that a consumer confidence report (CCR) has been distributed to the customers of this public water system in the form and manner identified above. I further certify that the information included in this CCR is true and correct and is consistent with the water quality monitoring data provided to the public water system officials by the Mississippi State Department of Health, Bureau of Public Water Supply.

[Signature]
Name/Title (President, Mayor, Owner, etc.)

6/23/11
Date

**Mail Completed Form to: Bureau of Public Water Supply/P.O. Box 1700/Jackson, MS 39215
Phone: 601-576-7518**

570 East Woodrow Wilson • Post Office Box 1700 • Jackson, Mississippi 39215-1700
601/576-7634 • Fax 601/576-7931 • www.HealthyMS.com

Equal Opportunity In Employment/Service

2010 Annual Drinking Water Quality Report
Mississippi State Hospital - Whitfield
PWS ID #: 0610032
June 2011

We're pleased to present to you this year's Annual Quality Water Report. This report is designed to inform you about the quality water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is from wells drawing from the Cockfield Formation and Sparta Sand Aquifers.

The source water assessment has been completed for our public water system to determine the overall susceptibility of its drinking water supply to identify potential sources of contamination. The general susceptibility rankings assigned to each well of this system are provided immediately below. A report containing detailed information on how the susceptibility determinations were made has been furnished to our public water system and is available for viewing upon request. The wells for the Mississippi State Hospital have received a lower susceptibility ranking to contamination.

If you have any questions about this report or concerning your water utility, please contact Stephen K. Strong at 601.351.8569. We want our valued customers to be informed about their water utility. A copy of this report will be posted on all bulletin boards and will be available in the main office.

We routinely monitor for constituents in your drinking water according to Federal and State laws. This table below lists all of the drinking water contaminants that were detected during the period of January 1st to December 31st, 2010. In cases where monitoring wasn't required in 2010, the table reflects the most recent results. As water travels over the surface of land or underground, it dissolves naturally occurring minerals and, in some cases, radioactive materials and can pick up substances or contaminants from the presence of animals or from human activity; microbial contaminants, such as viruses and bacteria, that may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife; inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban storm-water runoff, industrial, or domestic wastewater discharges, oil and gas production, mining, or farming; pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm-water runoff, and residential uses; organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations and septic systems; radioactive contaminants, which can be naturally occurring or be the result of oil and gas production and mining activities. In order to ensure that tap water is safe to drink, EPA prescribes regulations that limit the amount of certain contaminants in water provided by public water systems. All drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some constituents. It's important to remember that the presence of these constituents does not necessarily indicate that the water poses a health risk.

In this table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

Action Level - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT) - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water.

Maximum Contaminant Level (MCL) - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal (MCLG) - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL) - The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control microbial contaminants.

Maximum Residual Disinfectant Level Goal (MRDLG) - The level of a drinking water disinfectant below which there is no known or expected risk of health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) or Micrograms per liter - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

TEST RESULTS								
Contaminant	Violation Y/N	Date Collected	Level Detected	Range of Detects or # of Samples Exceeding MCL/ACL	Unit Measurement	MCLG	MCL	Likely Source of Contamination
Inorganic Contaminants								

8. Arsenic	N	2010	.7	.6 - .7	ppb	n/a	10	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes
10. Barium	N	2010	.003	.001 - .003	Ppm	2	2	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
13. Chromium	N	2010	3.1	2.1- 3.1	ppb	100	100	Discharge from steel and pulp mills; erosion of natural deposits
14. Copper	N	2010	.1	0	ppm	1.3	AL=1.3	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
16. Fluoride**	N	2010	1.32	.69 – 1.32	ppm	4	4	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
17. Lead	N	2010	1	0	ppb	0	AL=15	Corrosion of household plumbing systems, erosion of natural deposits
21. Selenium	N	2010	3.7	2.4 – 3.7	ppb	50	50	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines

Disinfection By-Products

81. HAA5	N	2005*	15	No Range	ppb	0	60	By-Product of drinking water disinfection.
82. TTHM [Total trihalomethanes]	N	2005*	.007	No Range	ppb	0	80	By-product of drinking water chlorination.
Chlorine	N	2010	.96	.96 – 1.2	ppm	0	MDRL = 4	Water additive used to control microbes

* Most recent sample. No sample required for 2010.

As you can see by the table, our system had no violations. We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected, however, the EPA has determined that your water IS SAFE at these levels.

We are required to monitor your drinking water for specific constituents on a monthly basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. In an effort to ensure systems complete all monitoring requirements, MSDH now notifies systems of any missing samples prior to the end of the compliance period.

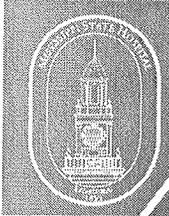
If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Our Water Association is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>. The Mississippi State Department of Health Public Health Laboratory offers lead testing. Please contact 601.576.7582 if you wish to have your water tested.

To comply with the "Regulation Governing Fluoridation of Community Water Supplies", the MS STATE HOSPITAL-WHITFIELD is required to report certain results pertaining to fluoridation of our water system. The number of months in the previous calendar year that average fluoride sample results were within the optimal range of 0.7-1.3 ppm was 9. The percentage of fluoride samples collected in the previous calendar year that was within the optimal range of 0.7-1.3 ppm was 81%.

All sources of drinking water are subject to potential contamination by substances that are naturally occurring or man made. These substances can be microbes, inorganic or organic chemicals and radioactive substances. All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline 1-800-426-4791.

We at Mississippi State Hospital work around the clock to provide top quality water to every tap. After MSDH Regional Engineer conducted the annual inspection, the Mississippi State Hospital PWS received an overall capacity rating of 5.0 out of a possible 5.0.



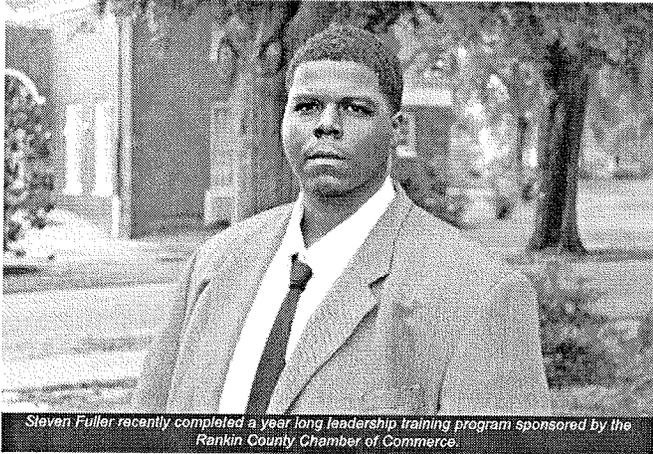
TAKE NOTE

A Publication for Employees of MSH

Volume 23, Number 23

June 20, 2011

MSH STAFF GRADUATE FROM LEADERSHIP RANKIN PROGRAM



Steven Fuller recently completed a year long leadership training program sponsored by the Rankin County Chamber of Commerce.

Production Coordinator for Public Relations at Mississippi State Hospital (MSH) Steven Fuller has successfully completed a year-long leadership training program sponsored by the Rankin County Chamber of Commerce.

Fuller was honored recently along with 20 other program participants during graduation ceremonies for the 2010-2011 Leadership Rankin program. The ceremony was held at Luckett Lodge in Brandon.

Fuller attended monthly meetings that featured stimulating lectures, tours, presentations and other skill and leadership-building activities, including discussion sessions involving timely issues with policy makers, community leaders, educators, law enforcement officials and health care specialists.

In addition to the monthly sessions, Fuller and others helped plan and execute community service projects. Fuller's group sponsored "Save a Life: Don't Text and Drive!" a public awareness campaign to help raise awareness about the risk of texting and driving. The project targeted all wireless users, especially teens. The group, in conjunction with Rankin County School District administration, distributed materials to area high schools, and officials were encouraged to display the team's "Save a Life: Don't Text and Drive!" slogan on the school's marquee during the month of April. April is National Distracted Driving Awareness Month.

The Leadership Rankin program exposes current and future leaders to the political, economic, historic, social and cultural issues integral to the prosperity and future of Rankin County and the surrounding region.

In addition to Fuller, Clothing Donations Center Manager Vernice Evans, WMSH Administrator Cyndi Nail, Special Events Coordinator Connie Pace, Director of Census Management Molly Sprayberry, Community Affairs Coordinator Donna Brown, Public Relations Director Kathy Denton, and Information Management Director James Dunaway are all graduates of the Leadership Rankin program.

JAQUITH NURSING HOME WELCOMES NEW NURSE ADMINISTRATOR



Janet Dickinson recently joined Jaquith Nursing Home as Nurse Administrator

Jaquith Nursing Home is welcoming its new nurse administrator this month as Janet Dickinson joins the JNH administration to oversee the nursing staff.

Dickinson is coming from another Department of Mental Health facility, Central Mississippi Residential Center in Newton, and said she is looking forward to the chance to work with everyone at Jaquith, especially the residents.

"I love working with older populations," Dickinson said. "I feel like they have much to offer those who are taking care of them."

She began her nursing career at East Mississippi State Hospital, another DMH facility, and has worked in a variety of positions since. She was director of nursing at a private facility for 12 years before going back to school to obtain her Nursing Home Administrator license. After that, she joined the State Veterans Affairs Board as a nurse consultant. For the past four years, she has been at CMRC.

"What I've found is that I've been very proud of the care that the state provides our nursing home residents," she said. "I've had very good experiences and it's been very positive."

While she began her career at EMSH, she always kind of assumed she would return there some day. Instead, she's found her way to Jaquith Nursing Home, but she is happy with that.

"I felt this was a wonderful opportunity, and I'm excited about coming back to a nursing home, even though I loved working at CMRC," she said.

Her desire to work in the nursing field has been around since she was a child – she often took care of family members when they were sick, and she found she enjoyed helping out and healing the sick.

"I think being needed is good for my mental health as well," she said.

JNH Nurse Administrator continues on Page 2

RESPECT

TEAMWORK

TRUST

COMMUNICATION

COMMITMENT



JNH Nurse Administrator continued from Page 1

She's eager to meet everyone on the campus, become part of the team, and begin contributing as soon as possible, she said, and her biggest hope is that she can be a source of support for anyone who needs it – staff and residents alike. Her biggest goal is to make Jaquith Nursing Home the best nursing home in the state.

"I want us to be the best we can be," Dickinson said.

Her biggest challenge, though, is something a little bit different.

"I feel like my biggest challenge here will be finding my way around on campus," she said with a laugh.

JAQUITH INN BEGINS MOVING FOR SPRINKLER PROJECT

Jaquith Inn began the move from Buildings 78 and 69 to Buildings 46 and 90 last week in preparation for the sprinkler project that will be taking place in B-78 and 69.

Offices and administration began moving first, with Property helping to transfer files, computers and other equipment. Supplies, equipment and other non-essential material from B-78 and B-69 will be moved early this week.

All residents on Jaquith Inn will move to their temporary new homes on Wednesday, June 22. All staff should be aware of the move, which will begin about 7:30 a.m.

Throughout the morning, the residents' belongings and essential equipment and supplies from B-69 and B78 will be moved to B-46 and B-90. After lunch, staff will begin relocating residents to their new buildings. Transport will be assisting with Medical Transport for those residents who are bed-bound, buses for residents in wheelchairs, and vans for others.

All residents and their belongings and essential equipment will be moved on this day. There will be a gap of about two weeks from the time the move occurs to when construction actually starts on B-69 and B-78. This will allow the contractor to begin moving in equipment and staging the area for construction. Construction is tentatively set to begin on July 6.

The sprinkler project on Jaquith Inn is only the first phase of this entire project. As it is completed over the next several months, preparations will be made to move residents back to their original buildings, and the next inn will get ready to move residents to B-46 and B-90 while sprinkler renovations are completed on other JNH inns.

Many MSH and JNH employees have been preparing for this for months, and B-90 and B-46 have been cleaned, reconditioned, and made ready for new equipment and occupants. A committee has been meeting every other week, so all departments should be aware of their responsibilities leading up to the move.

Each phase is expected to take several months, and the entire project is not anticipated to be complete until August 2013.

VALLEY SERVICES

As of July 14, Valley Services will be adjusting prices and offering some new options for the Garden Club salad bar in the cafeteria. Instead of offering a salad for \$4, the salad bar will be charged by weight, at 25 cents per ounce.

There will still be some pre-made salads at Outtakes for \$3.50, but if they are opened and added to with an item from the salad bar, they will have to be weighed and charged at the 25 cents per ounce rate. The new pricing rate will allow Valley to offer an expanded menu with more items for the salad bar.

Valley will have some sample salads that will be weighed and on display beginning this Thursday. Although a change in pricing, Valley's pricing is still a value, with many salad bars at local restaurants charging 49 cents or more per ounce.

"Even though the price of food, transportation and energy is soaring in many sectors, we find it necessary to make only modest price adjustments on selected menu items in the cafeteria in order to preserve the excellent value you now receive," Valley Food Services Director Inga Braswell said.

"Accordingly, we find that the popular option of pricing the Garden Club by weight also provides the fairest value for all of our staff and allows your personal preferences to be honored. We will continue our creative efforts to keep price and choices exciting and in line with your expectations. Come check us out!"

Operation Healthy Vote

Operation Healthy Vote is invading Mississippi once again. In 2011, our state will cast votes for governor, lieutenant governor, and state legislative candidates and offices. Hospitals and healthcare facilities across the state are joining together to increase health care voter registration, education and participation in local and state races.

Do you need to register to vote or update your current address before the November elections? It's very simple. Fill out a voter registration form that will be available beginning June 1 on the MSH intranet home page, at Building 71, or the lobby of Building 21. Submit the form to your circuit clerk's office and/or fax or email it to Shannon Coker, Mississippi Hospital Association, at 601-368-3200 or scoker@mhanet.org. The Mississippi Hospital Association will mail it in for you if you choose to go through it. You can also register to vote online at www.operationhealthyvote.com

The deadline to register to vote for primary elections on August 2, 2011 is July 2, 2011.

The deadline to register to vote for general elections on November 8, 2011 is October 9, 2011.

MANDT CORNER

Q: What are three important guidelines regarding the use of restrictive physical interaction?



ANNOUNCEMENTS

STATE PERSONNEL BOARD

State Personnel Board has implemented a new application process for any position that is on active recruitment. Interested job seekers can go to www.mspb.ms.gov and click on the Job Seekers link. Follow the instructions provided. You can only apply for positions that are on active recruitment and applicants will no longer be placed on a Certificate of Eligibles for an entire job class. Applicants will need to apply for each individual position listed. For example, if an applicant applies for an Accountant/Auditor position at Mississippi State Hospital, the applicant will only be considered for a position at Mississippi State Hospital. The application will not be submitted to another State agency recruiting for the same position. All applications must be submitted online except for direct care, housekeeping, food service, nursing and campus police. Please call Personnel if you have any questions.

FIRE DRILL REPORTS

Safety Coordinators responsible for fire drills and completing the Fire Drill Report form (MSH 336) may pick up the FY 2011-2012 Fire Drill Schedule (Calendar) at the Print Shop, B-71. There are three different schedules divided by shift and services provided. You will be given one copy per building.

1. Shift A: Day (Administrative)
2. Shifts A, B and C: Inpatient Services (Residential Living), and MSH Community Services Integration Program (B-32)
3. Shifts A, B and C: Jaquith Nursing Home, and 201 and 203.

Form MSH 336 is available in print at the Print Shop and on the intranet. Please note the Print Shop is now located on B-71. Please use the entrance located on the rear of the building.

For more information concerning the fire drill schedule, call the MSH Fire Department, ext. 4412.

FRESH VEGGIES

The Green House has fresh cucumbers 2 for \$1.00. Pickles will be available soon in the Gift Shop. Also coming in the next few weeks, tomato, cantaloupe, watermelon, zucchini and peppers will be available to purchase in the Green House. Call for availability and more information.

"JUKING IN JUNE"

The social event will be taking place Wednesday, June 22nd, in the gym on B-38. There will be two separate times for the social; JNH's time will be 10:30am & IPS's time will be 1:30pm.

For more information call Paula Eure at ext. 8065 or Community Rec. at ext 4510.

RETIREMENT RECEPTION

You are invited to a Retirement Reception honoring Recreation Therapist, Patricia (Pat) Theard, Tuesday, June 28, 2011 from 2:00 p.m. to 4:00 p.m. on Building 83. Please come and join us for a great celebration!

INDEPENDENCE DAY

Volunteers are needed for MSH's Independence Day Fireworks Show on Wednesday, June 29. For more information contact Sheila Shows at ext. 8377.

FRIENDS PROJECT PROPOSALS

The Friends of MSH Projects Committee is calling for projects for the upcoming year. All proposals should include a description of the project, estimated cost, and the name of the person responsible. Proposals should be limited to projects for which other budgetary funds are not available. Current projects you wish to continue next year also need to be submitted. Please submit all proposals to Kelly Breland's office, Building 50, by July 5, 2011. For more information, call extension 8445 or 8496.

CONSTRUCTION ON CAMPUS

Risk Management has asked all MSH employees to be mindful of the construction that is taking place around B-54/Laundry. Please do not pass through the construction zone on your way to the cafeteria. All employees should steer clear of the construction zone.

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VENDING PRICE INCREASES

Increases in wholesale costs of certain items in vending machines have required an increase in price ranges. As of the beginning of the month, the following changes have taken effect in vending machines on the MSH campus: Candy bars are now \$1.00, large size chips are \$0.90, and pastries are \$0.95

AREAS CLOSING FOR INVENTORY

-Cashier's Office B-21, will be closed for fiscal year-end inventory June 27 – July 5. For more information call Tera Ford at ext. 8017.

-Central Medical Supply, B-80, and Central Warehouse, B- 93, will be closed for year-end inventory July 5 - 8, 2011. Please plan your June supply orders accordingly.

- The Clothing Donation Center will be closed for inventory the week of July 5-8, 2011. Only emergency orders will be filled.

SUBMISSION OF TAKE NOTE ANNOUNCEMENTS/ARTICLES

Take Note announcements/articles should be submitted to Steven T. Fuller, B-71, by noon Wednesday, the week prior to publication. Information can be e-mailed to steven.fuller@msh.state.ms.us. For more information, call ext. 8421.



TAKE NOTE

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Mississippi State Hospital - Whitfield
PWS ID #: 0610032
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Inorganic Contaminants



TAKE NOTE

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As you can see by the table, our system had no violations. We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected, however, the EPA has determined that your water IS SAFE at these levels.

We are required to monitor your drinking water for specific constituents on a monthly basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. In an effort to ensure systems complete all monitoring requirements, MSDH now notifies systems of any missing samples prior to the end of the compliance period.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Our Water Association is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>. The Mississippi State Department of Health Public Health Laboratory offers lead testing. Please contact 601.576.7582 if you wish to have your water tested.

To comply with the "Regulation Governing Fluoridation of Community Water Supplies", the MS STATE HOSPITAL-WHITFIELD is required to report certain results pertaining to fluoridation of our water system. The number of months in the previous calendar year that average fluoride sample results were within the optimal range of 0.7-1.3 ppm was 9. The percentage of fluoride samples collected in the previous calendar year that was within the optimal range of 0.7-1.3 ppm was 81%.

All sources of drinking water are subject to potential contamination by substances that are naturally occurring or man made. These substances can be microbes, inorganic or organic chemicals and radioactive substances. All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline 1-800-426-4791.

We at Mississippi State Hospital work around the clock to provide top quality water to every tap. After MSDH Regional Engineer conducted the annual inspection, the Mississippi State Hospital PWS received an overall capacity rating of 5.0 out of a possible 5.0.



CALENDAR

June 22 **JUKING IN JUNE, B-38, JNH's time will be 10:30am & IPS's time will be 1:30pm.**

June 29 **Independence Day Fireworks Show 7 – 9 p.m.**

July 4 **Independence Day Holiday**

TAKE NOTE is a weekly publication for Mississippi State Hospital employees.

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Feel free to contact the editors with your feedback, stories and suggestions at 601-351-8262. To sign up for the online version, e-mail info@msh.state.ms.us. ©2006. The opinions expressed in *Take Note* are not necessarily those of Mississippi State Hospital. For republication rights, contact Adam Moore.

ADMINISTRATORS ON DUTY

Jackie Yates June 15 – June 22

Kathy Denton June 22 – June 29

Get Connected With The MSH Connection!

Just like before, we need your help. This newsletter is for you, the MSH employees, so we'll be looking for your help with each and every issue we do. Right now, they'll be coming out quarterly, but if we get enough content to support more publications, we'll be printing them more frequently.

As you hopefully saw in the previous issues, The MSH Connection has a little bit of everything – staff trivia, hospital information, suggestions from your fellow coworkers, and a little more fun and games. Go ahead and send us anything you'd like to share about yourself and your friends here on the campus. We want to connect together everyone who works here, and all learn about each other in the process.

And don't forget about the classified section. When the next issue is printed in July, it will be spring cleaning time. Planning a garage sale? Or are you maybe looking to buy some slightly used goods or equipment? This is the place you can let people know about that. You can let us know about any other community events as well, like church revivals, and help spread the word about it to the 2,200 people who work here.

Again, there are some things we can't accept for The MSH Connection. Ongoing business ventures, like cosmetic sales, can't be accepted, and Public Relations staff will have final approval of all submissions before they are printed.

So take a minute and think about what you may want to share with your coworkers and give us a call. We're waiting for all the recommendations, suggestions, recipes, trivia, fun facts and all the classifieds that are out there. We won't know about these things if you don't let us know. Call Steven Fuller at extension 8421 or email him at steven.fuller@msh.state.ms.us.

WORDS OF WISDOM

"Give thanks for what you are now, and keep fighting for what you want to be tomorrow."

~Fernanda Miramontes-Landeros

JOB POSTINGS

There are two job postings for this week:

MH-HEALTH RECORDS CLERK

Inpatient Services
B203

MH-Recreation Therapist I or II

Inpatient Services
B83, B63, B23

MANDT CORNER

Answer:

It should only be used for the purpose of protection, be individualized and included in the plan your facility requires, and it should involve the person and his/her parent or guardian/advocate throughout the process.

There are seven key physical interaction concepts:

1. Speed and motion
2. Voice/vocal tones/paralanguage
3. Distance
4. Touch
5. Stance and balance
6. Body mechanics and movement
7. Body positioning.

Regarding touch, remember to keep your body relaxed, rather than tense. The concept that pain will de-escalate is false; pain does not de-escalate anyone.